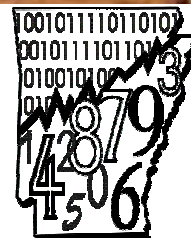


CROSS COUNTY

2006 County Adult Health Survey

Arkansas
Center for
Health
Statistics



STAMP OUT SMOKING

Arkansas Department of Health and Human Services
www.stampoutsmoking.com

Your Tobacco Settlement Dollars at Work

What is the BRFSS?

- ② The BRFSS is the world's largest continuously conducted telephone survey.
- ② It covers issues surrounding chronic illness, premature mortality, and other health-related topics.
- ② All 50 states, Puerto Rico, Guam, the Virgin Islands, and Washington D.C. participate.
- ② Cross County participated in county level BRFSS studies sponsored by Hometown Health.

In Cross County...



- ② Interviews were conducted in August and September of 2006.
- ② A telephone survey of 831 randomly selected adults from Cross County.
- ② Of the 831 interviews, 259 were with men and 587 were with women.

Leading causes of death in Arkansas, 2004

④ Heart Disease

④ Cancer

YEARS OF POTENTIAL LIFE LOST	
Heart Disease	80,727
Cancer	91,253

Leading causes of death for Cross County in 2004

- ② Heart Disease and Cancer were the leading causes of death in Cross County in 2004.
- ② These were also the leading causes of death in the nation in 2004.

Risk factors for these diseases measured by the survey include...

@ Tobacco Use

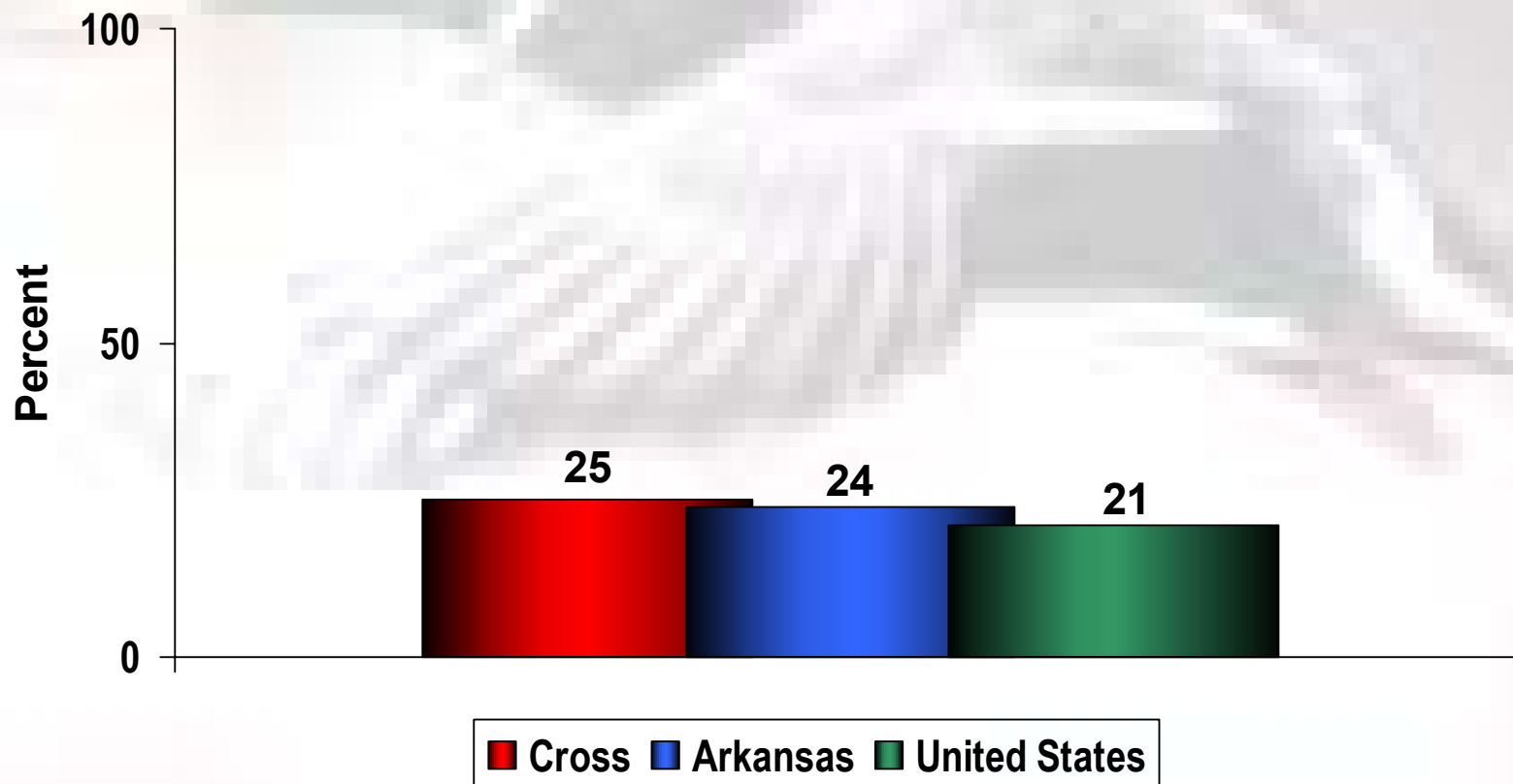
@ Bodyweight

@ Physical Activity



Tobacco Use

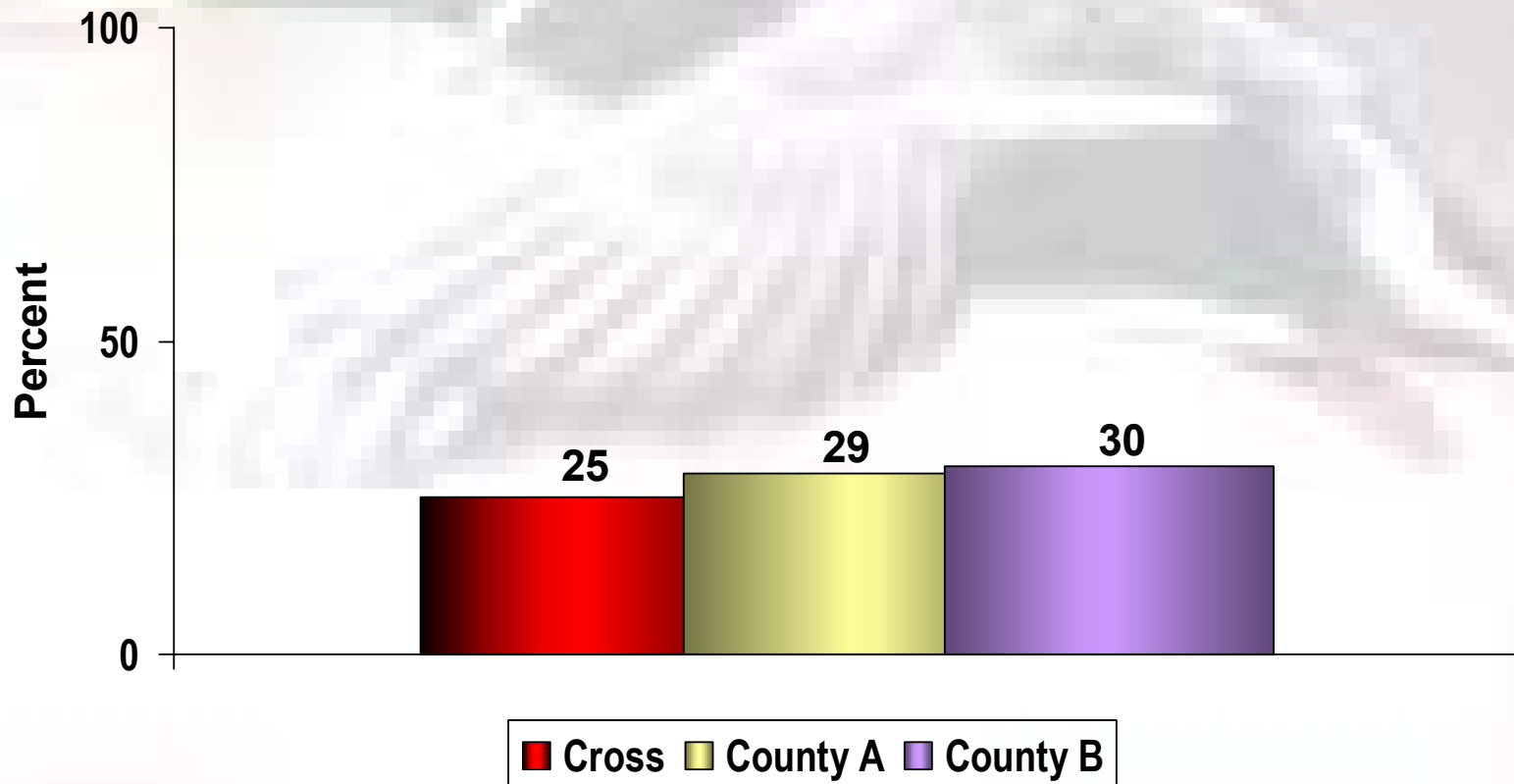
Persons who are current smokers: Cross County (2006), Arkansas (2005), and U.S. (2005).



Source: CAHS, BRFSS

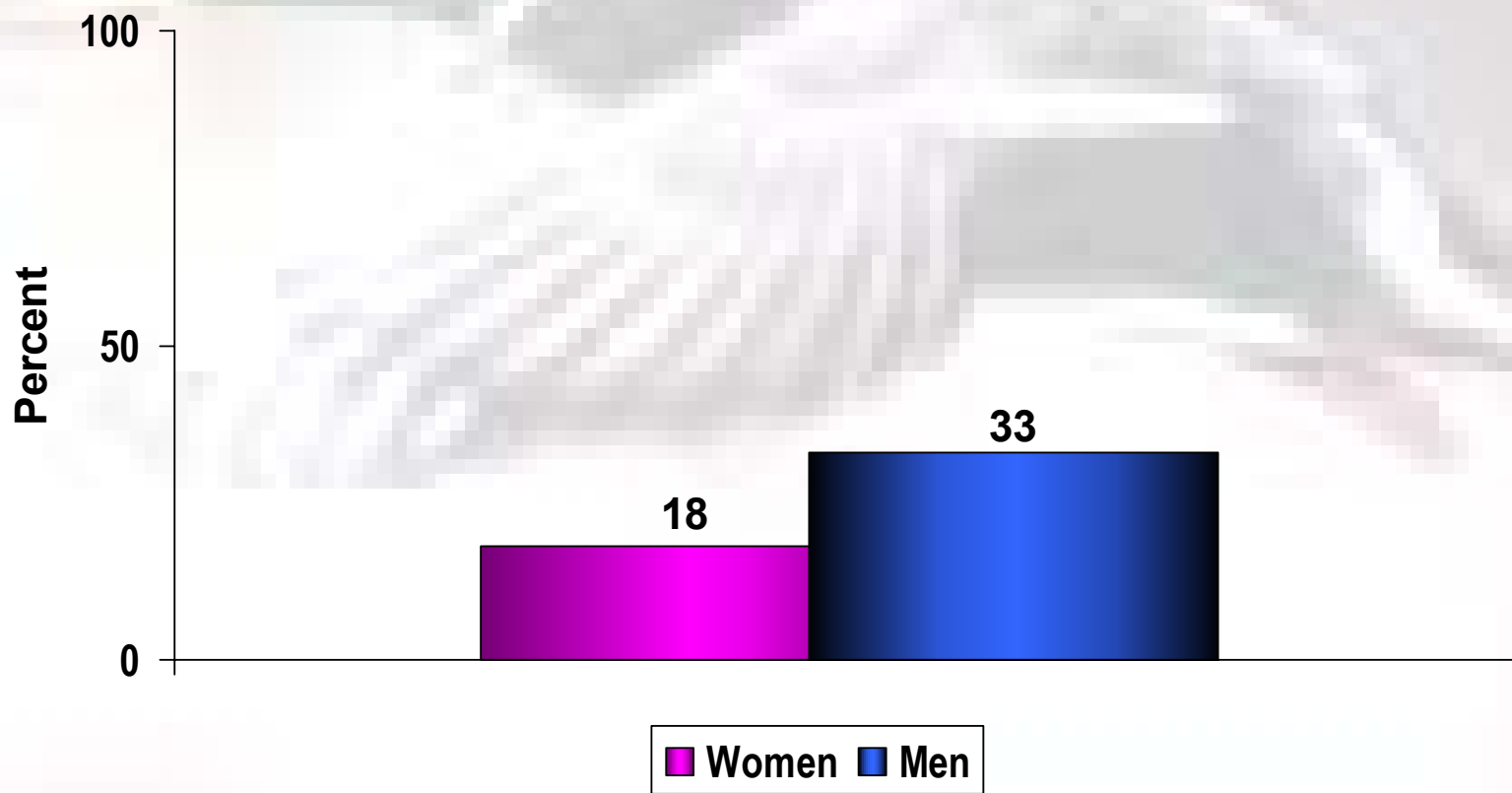
Tobacco Use

Persons who are current smokers: Cross County (2006) and comparison with two neighboring counties (2003-2005).



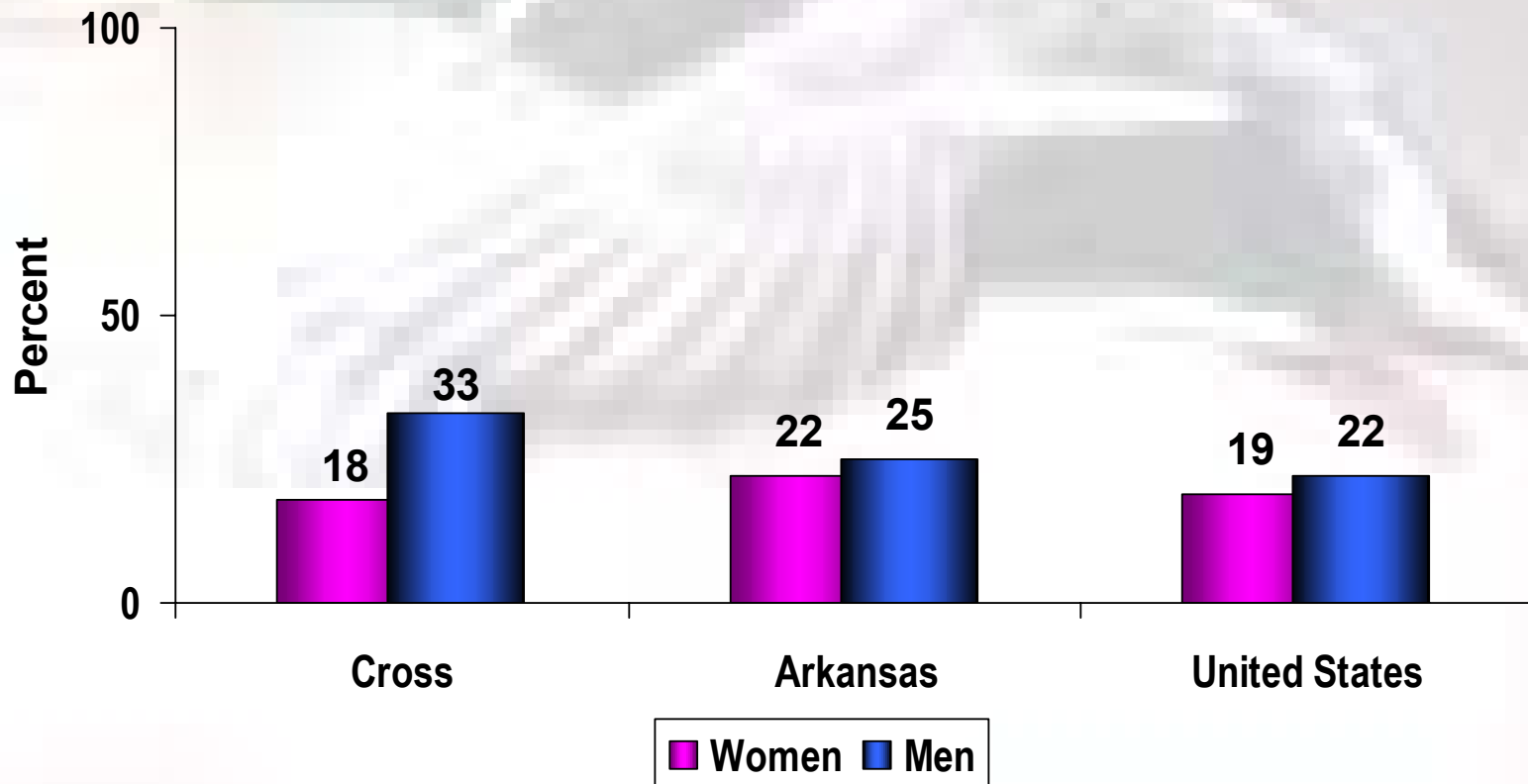
Tobacco Use

Persons who are current smokers by gender: Cross County (2006)



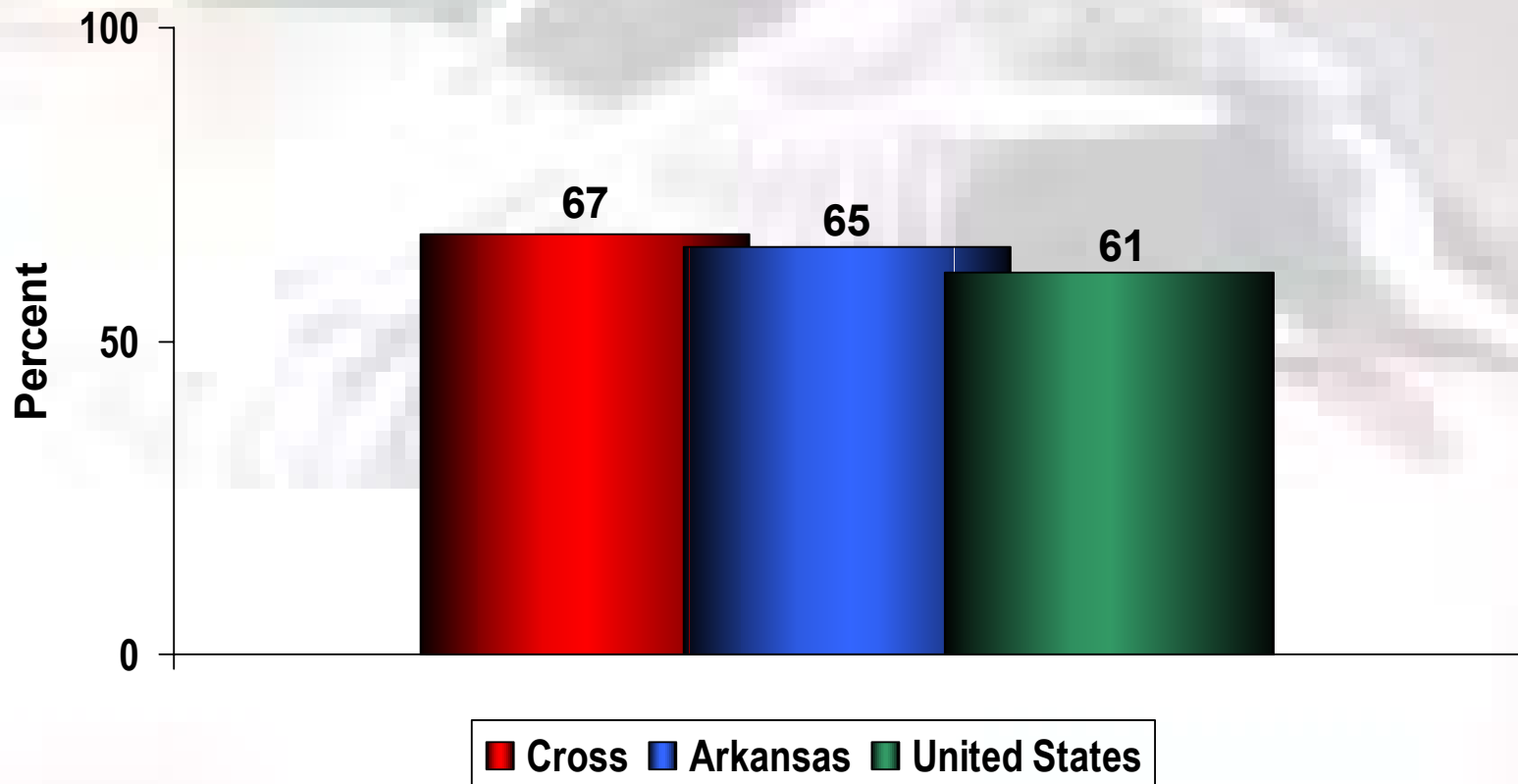
Tobacco Use

Persons who are current smokers by gender: Cross County (2006),
Arkansas (2005), and U.S. (2005)



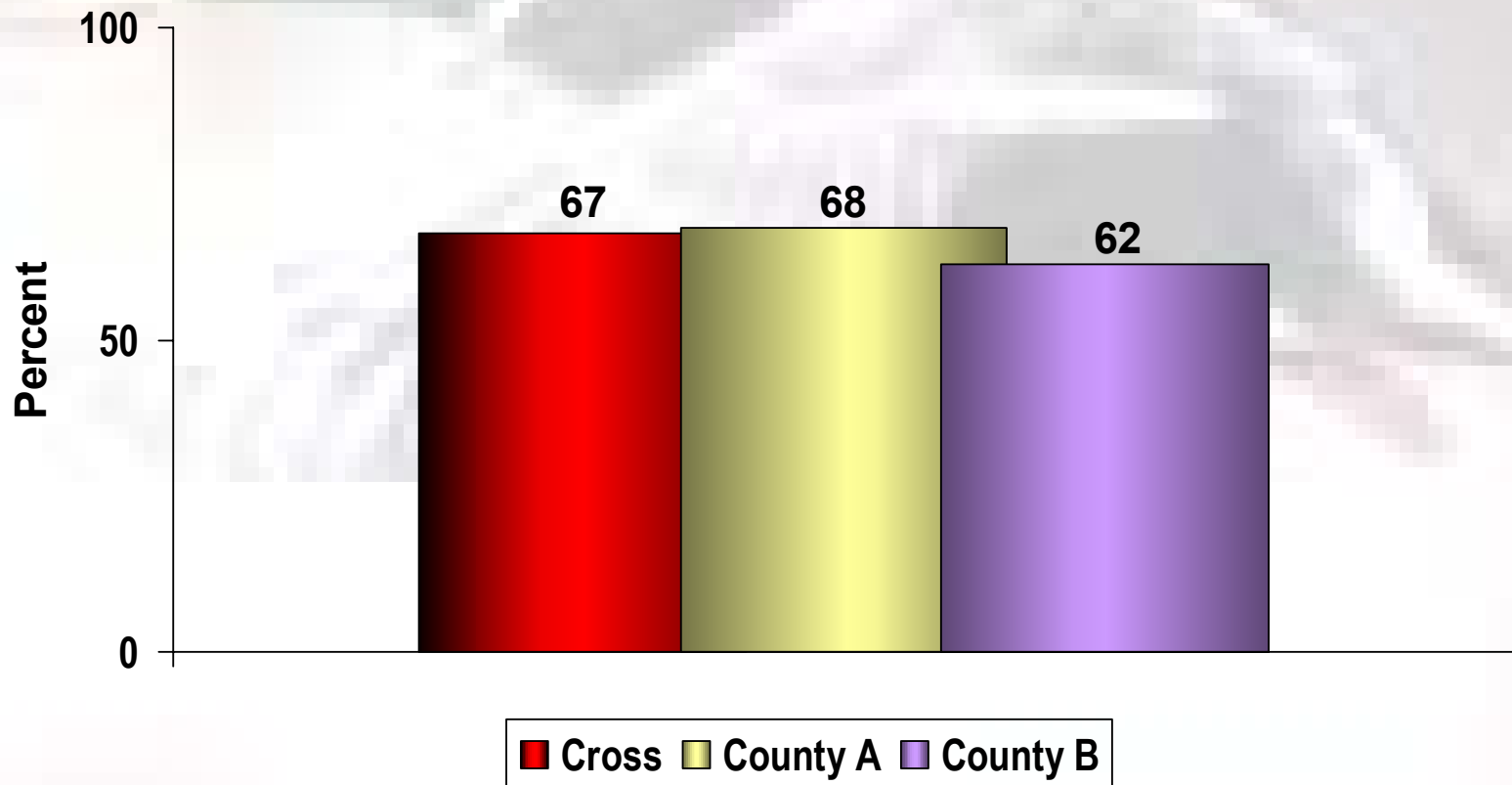
Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI):
Cross County (2006), Arkansas (2005), and U.S. (2005).



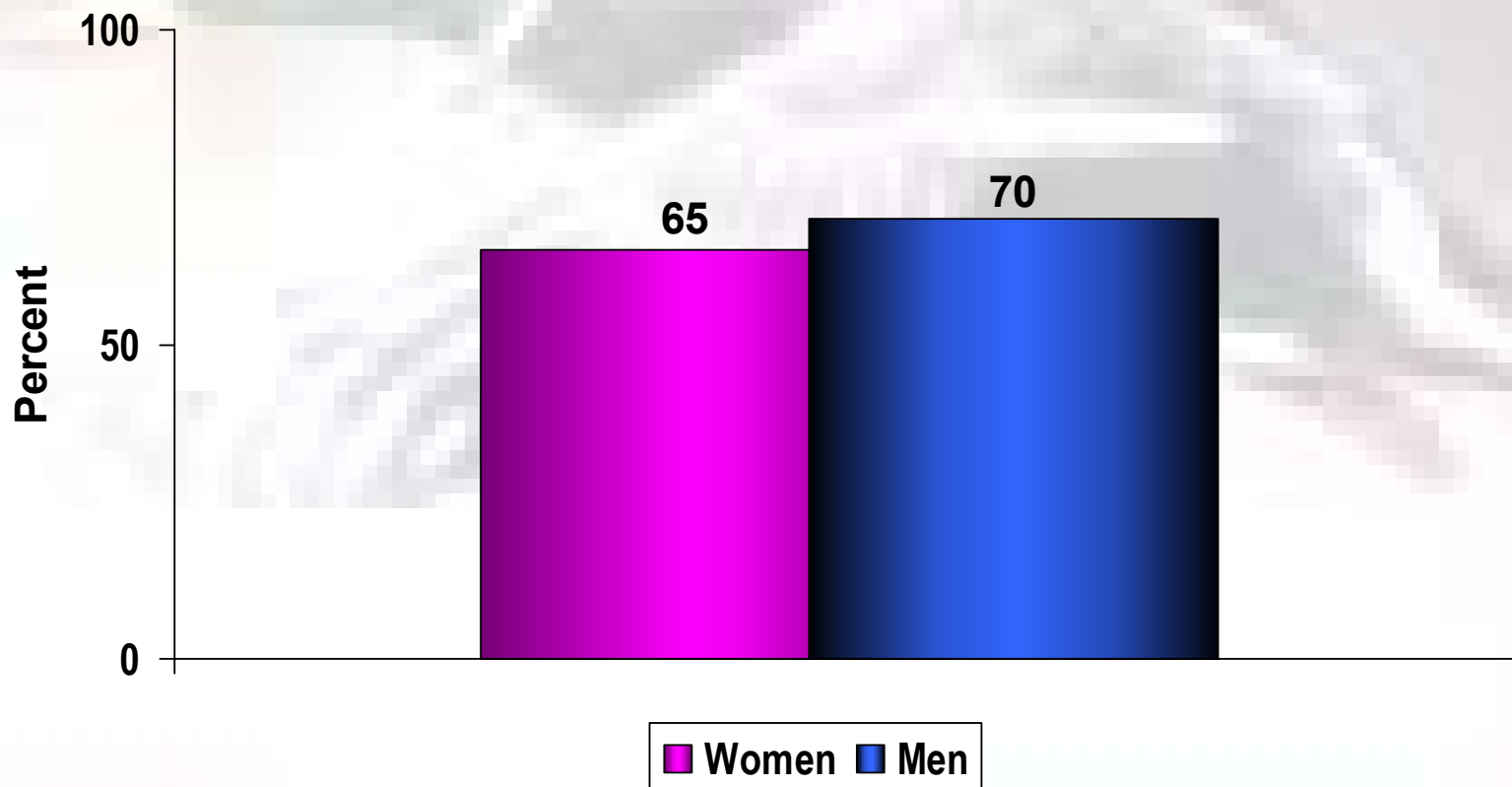
Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI):
Cross County (2006) and comparison with two neighboring counties (2003-2005).



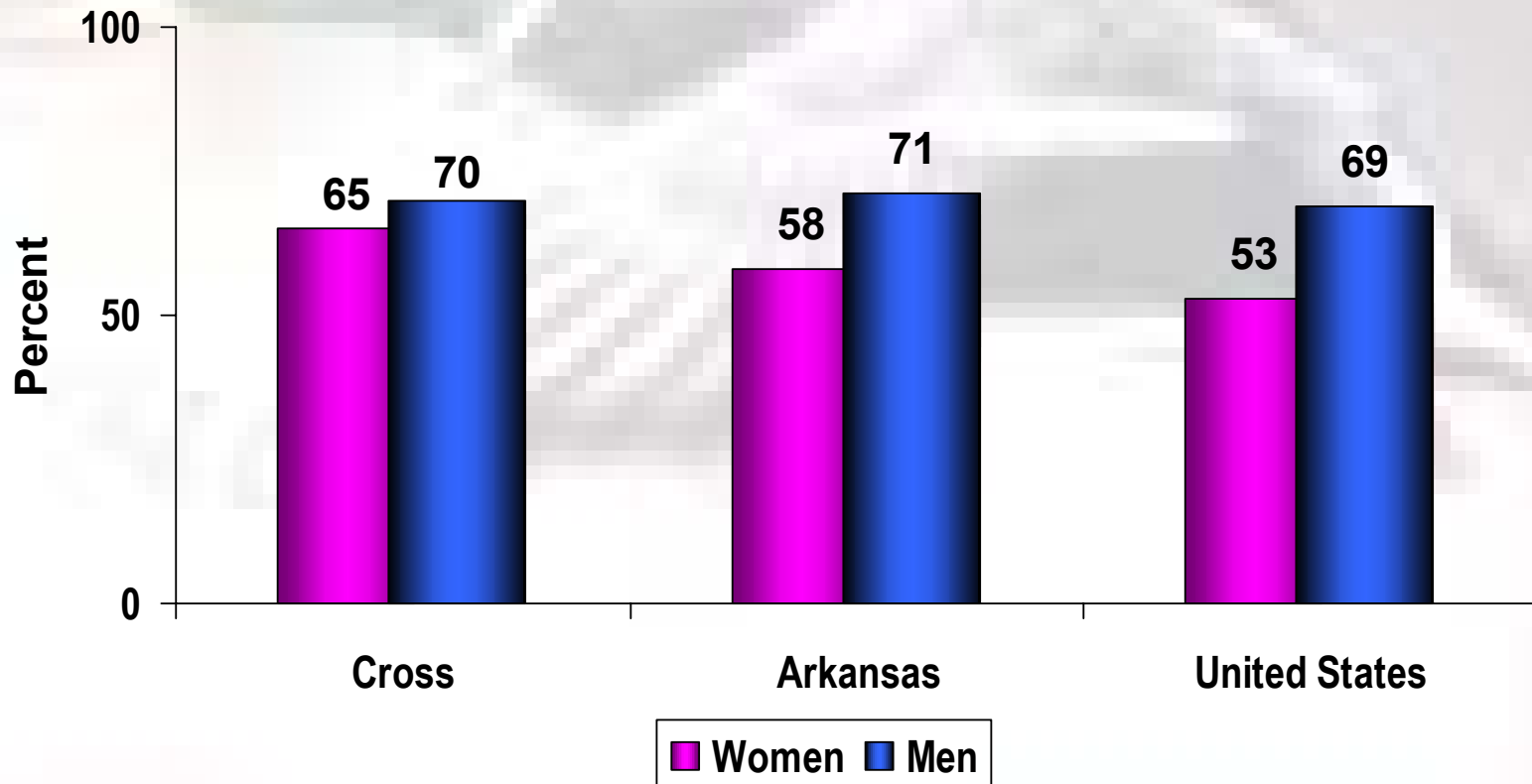
Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI)
by gender: Cross County (2006)



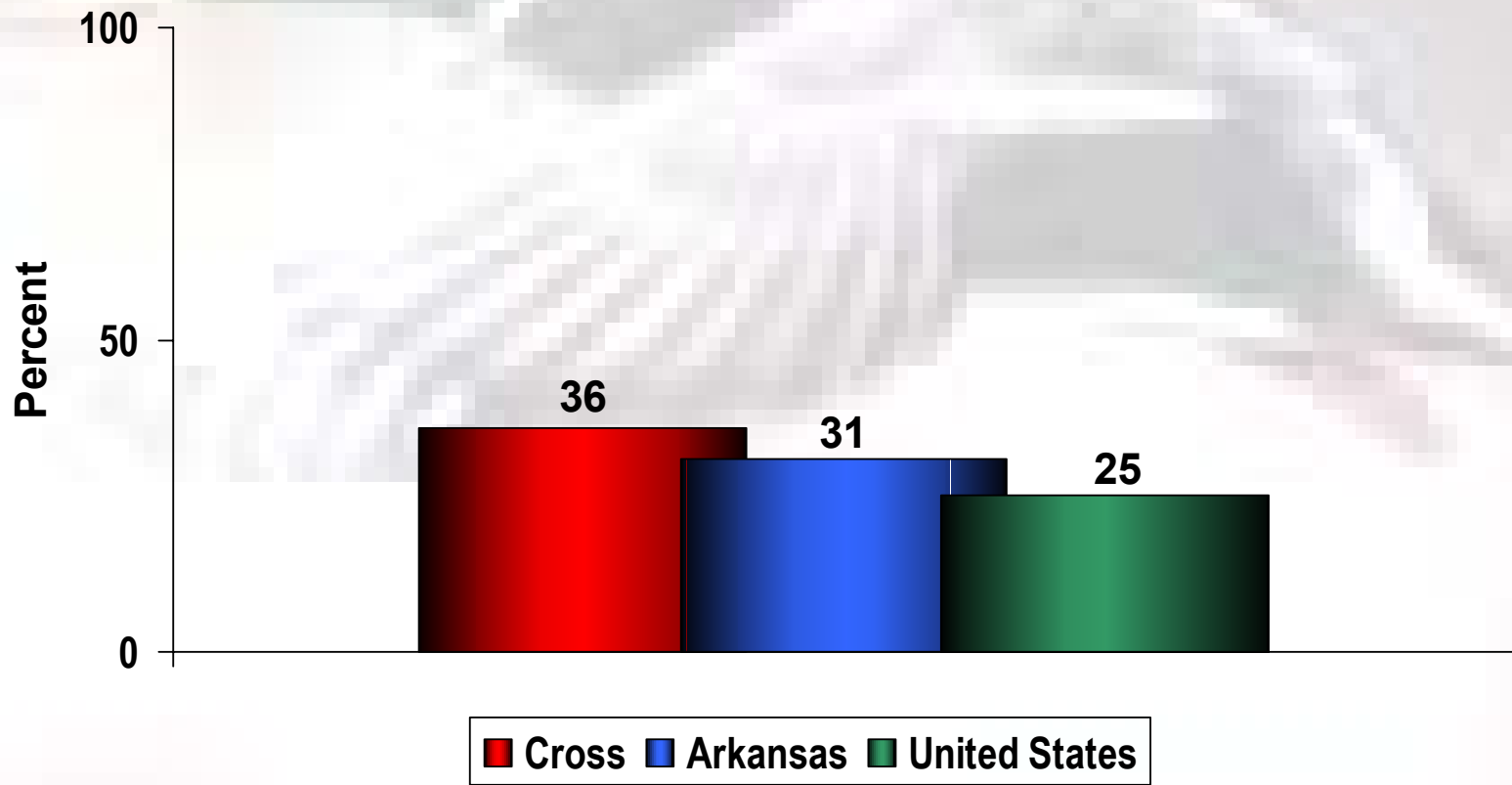
Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI) by gender: Cross County (2006), Arkansas (2005), and U.S. (2005).



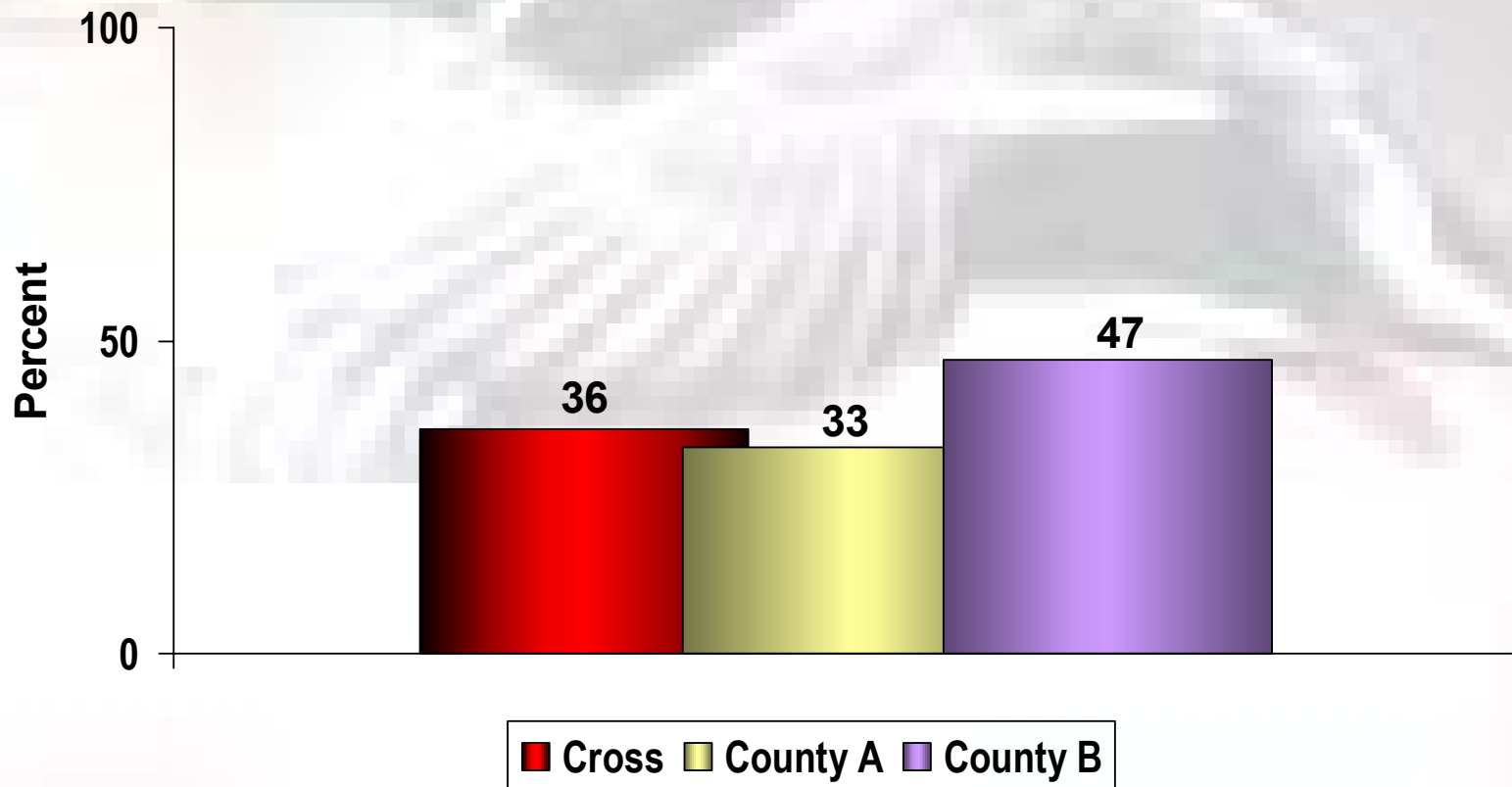
Physical Activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job: Cross County (2006), Arkansas (2005), and U.S. (2005).



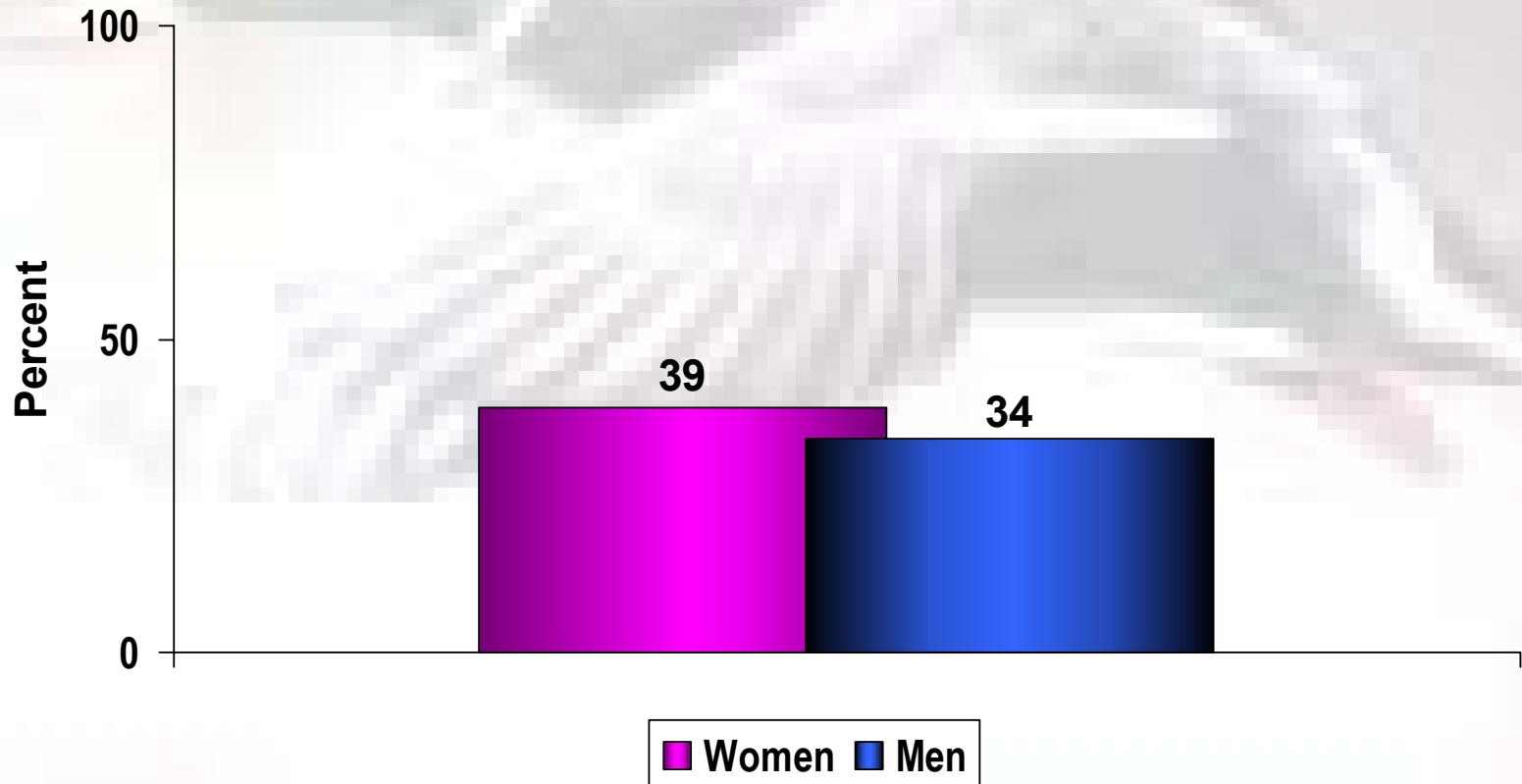
Physical Activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job: Cross County (2006) and comparison with two neighboring counties (2003-2005).



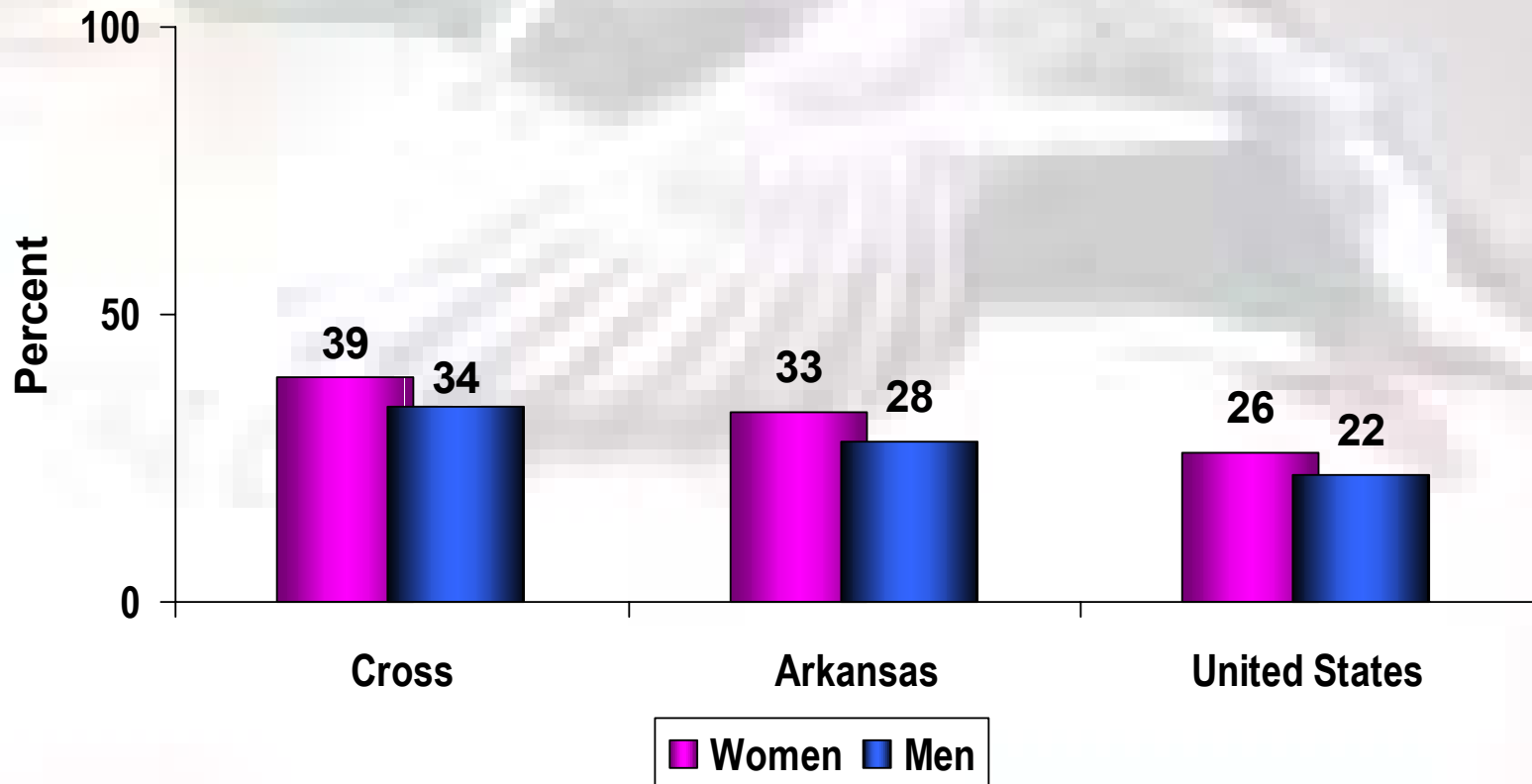
Physical Activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job by gender: Cross County (2006).



Physical Activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job by gender: Cross County (2006), Arkansas (2005), and U.S. (2005).

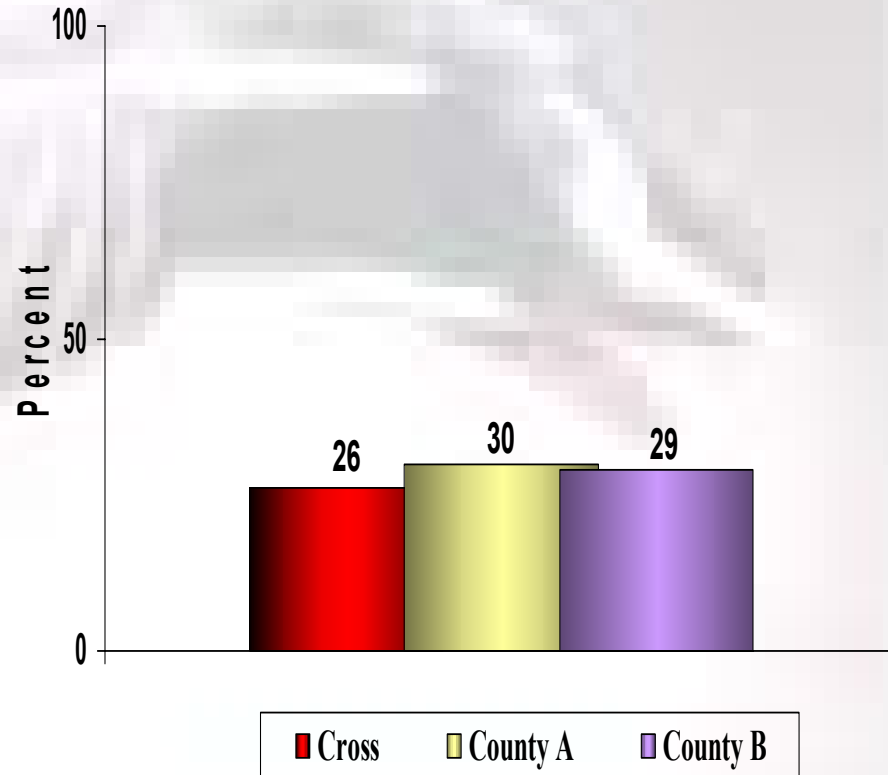
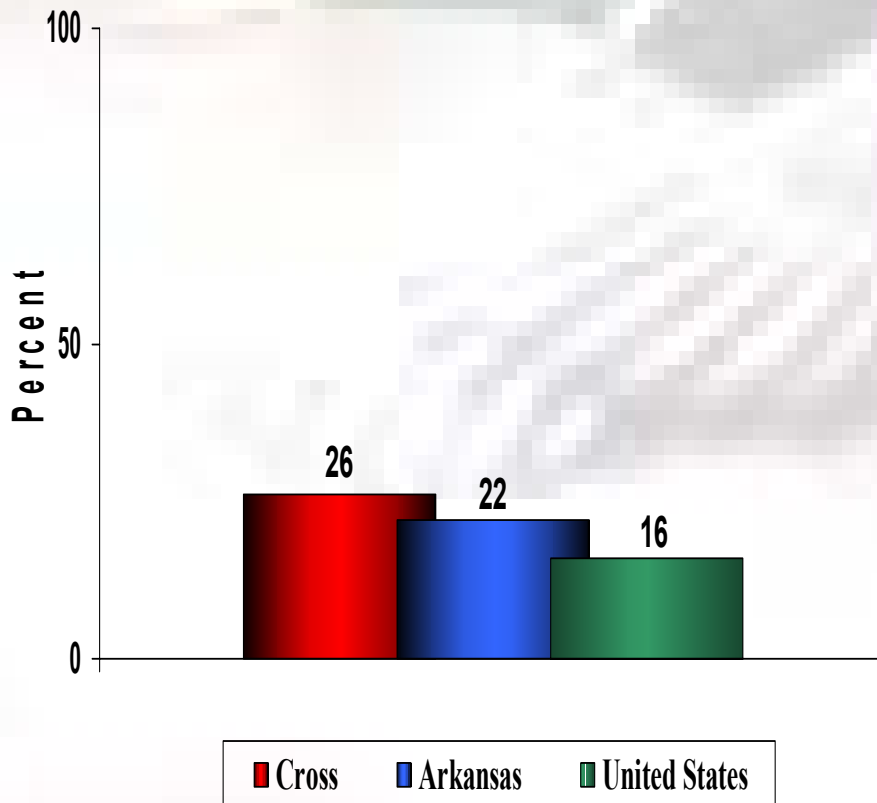


Other Risk Factors

- Ⓢ These are compared to the most recent statewide and nationwide data
 - General Health data
 - Physical Health data
 - Mental Health data
 - Health Care Access data
 - High Blood Pressure data
 - High Blood Cholesterol data
 - Diabetes data

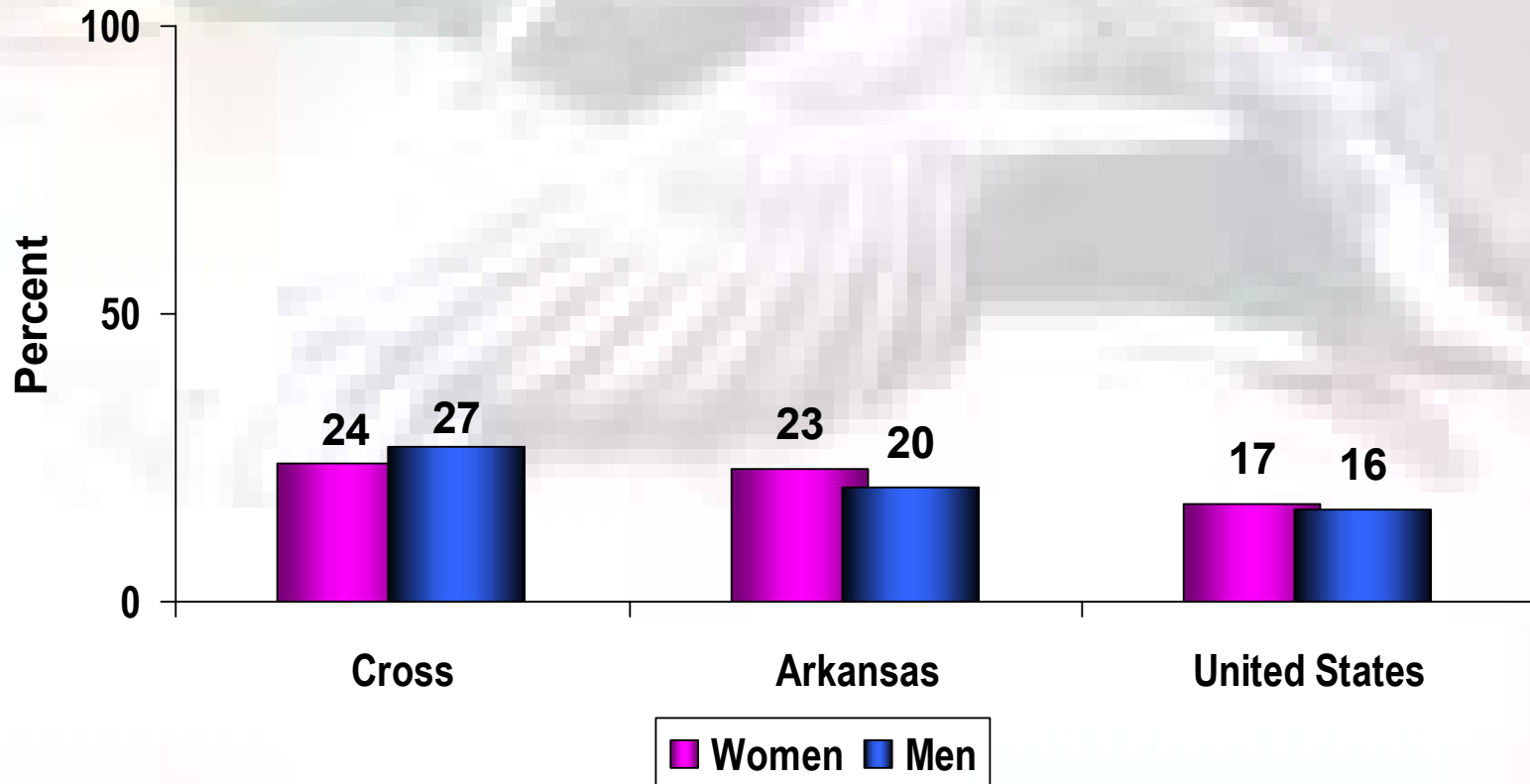
General Health

Persons who reported general health as “fair” or “poor”: Cross County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2003-2005).



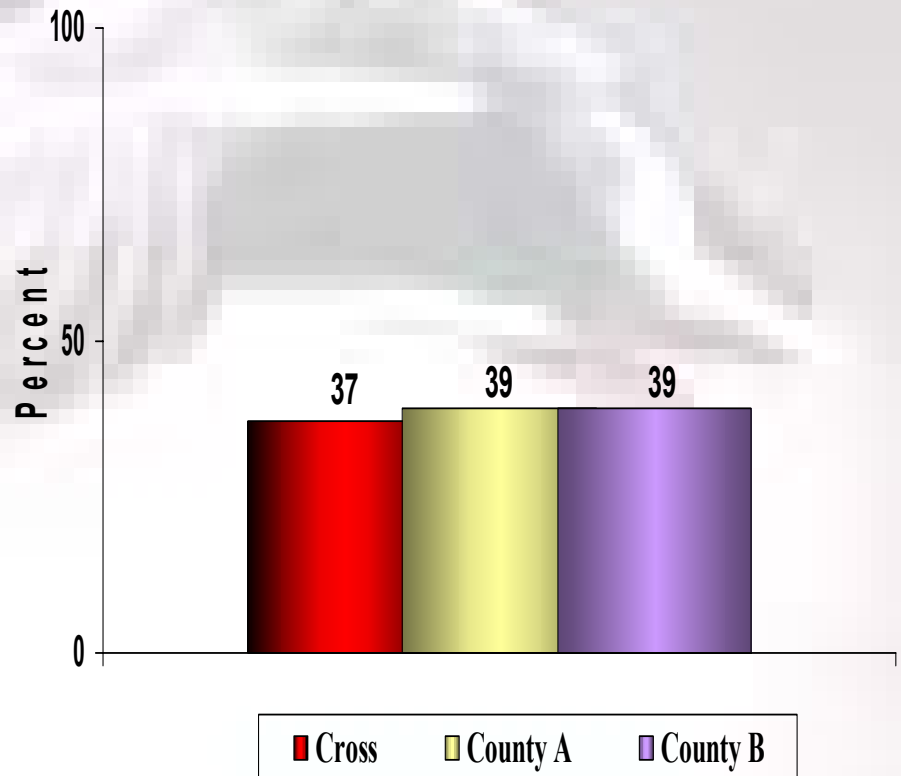
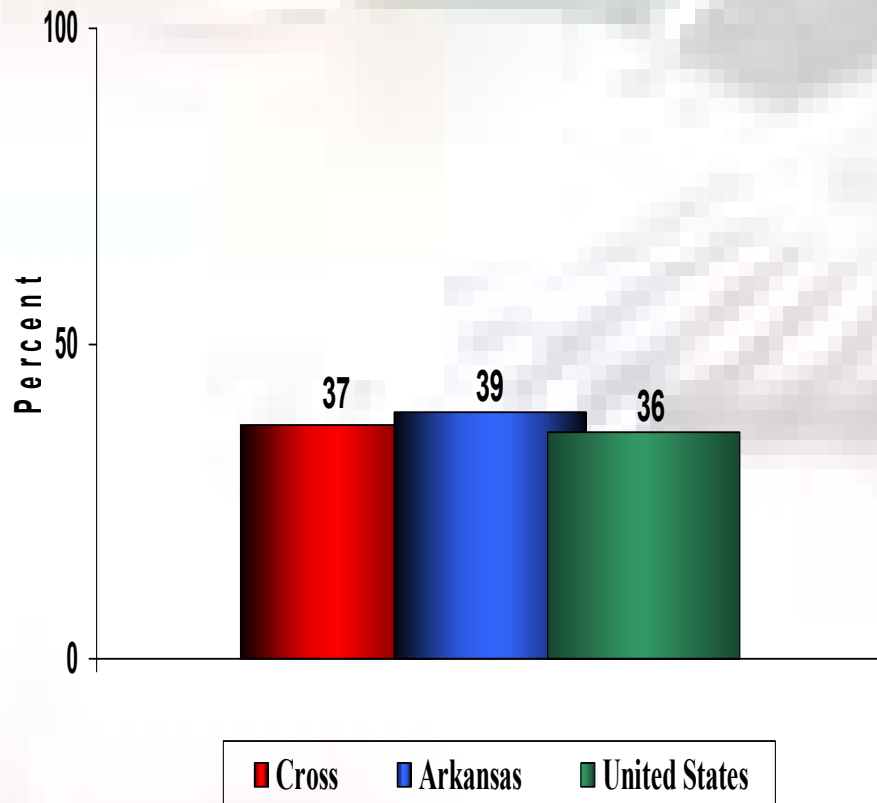
General Health

Persons who reported general health as “fair” or “poor” by gender: Cross County (2006), Arkansas (2005), and U.S. (2005).



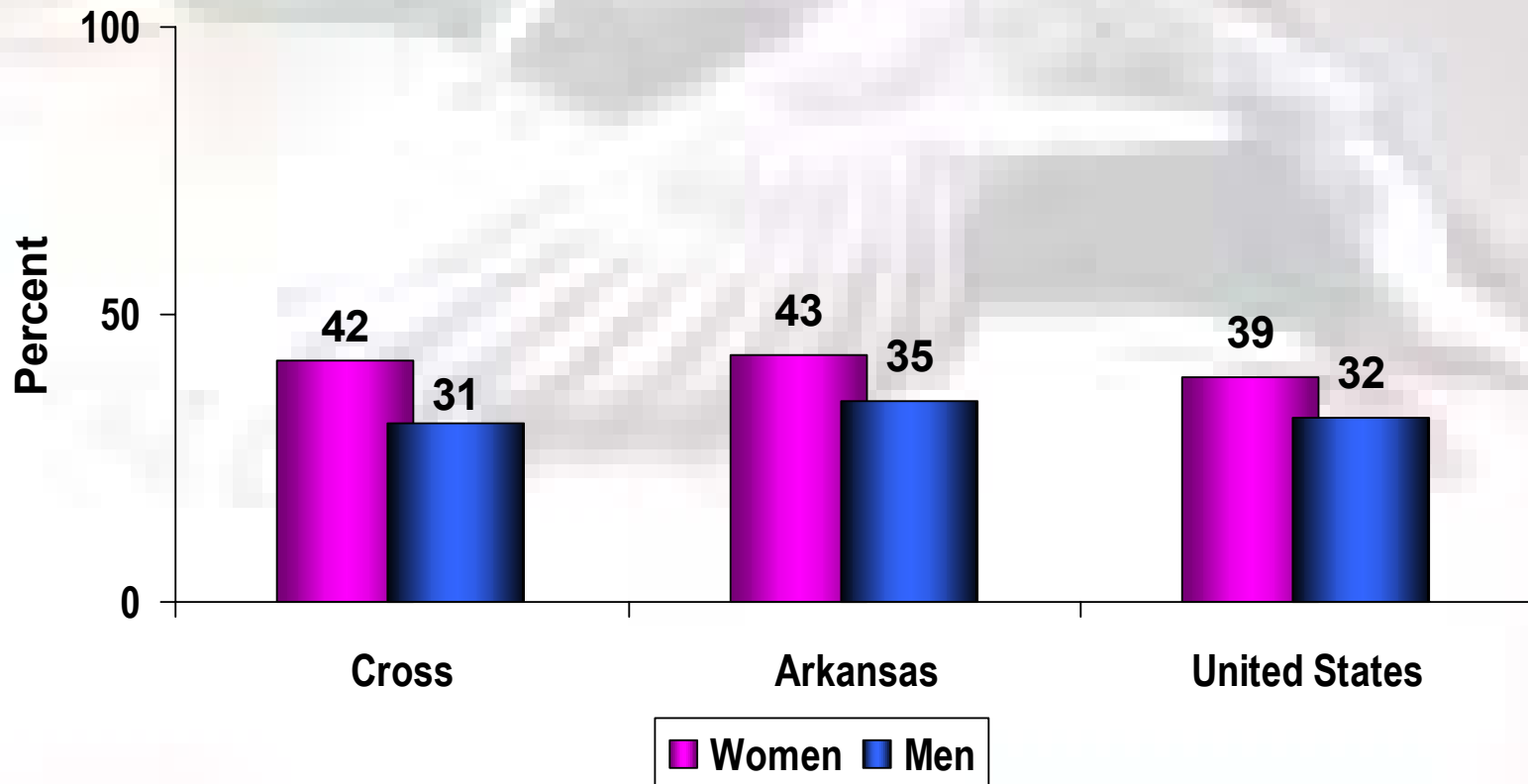
Physical Health

Persons who reported physical health as “not good”: Cross County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2003-2005).



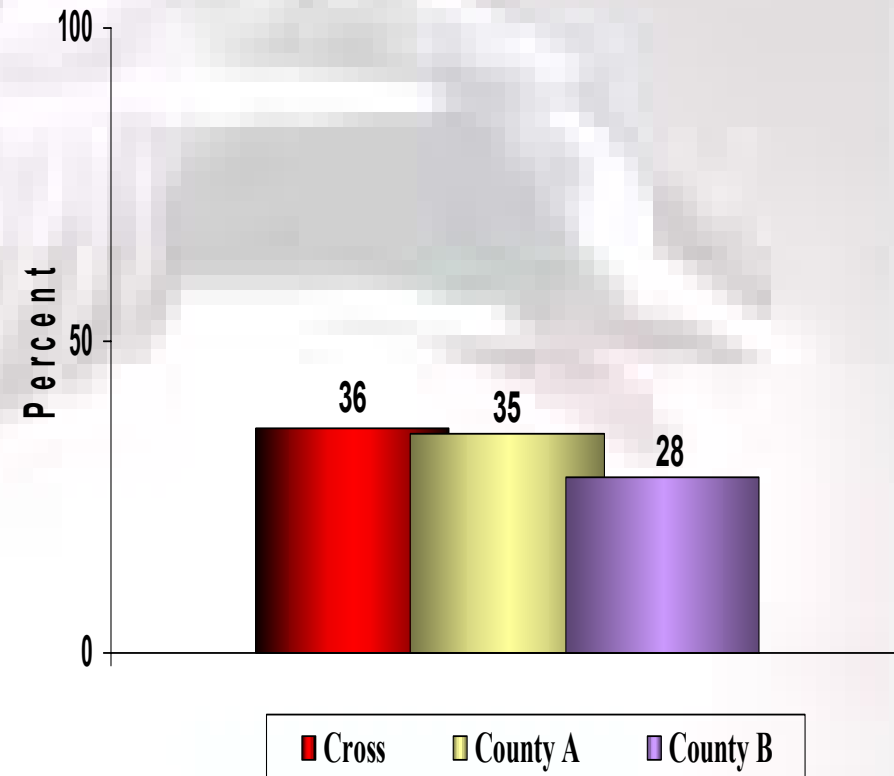
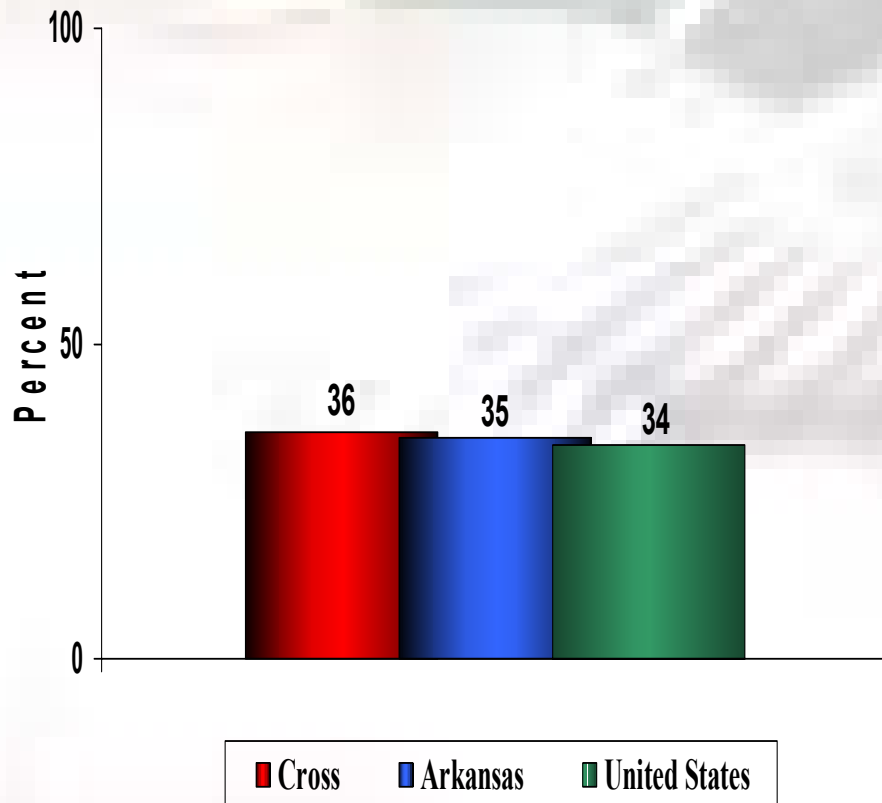
Physical Health

Persons who reported physical health as “not good” by gender: Cross County (2006), Arkansas (2005), and U.S. (2005).



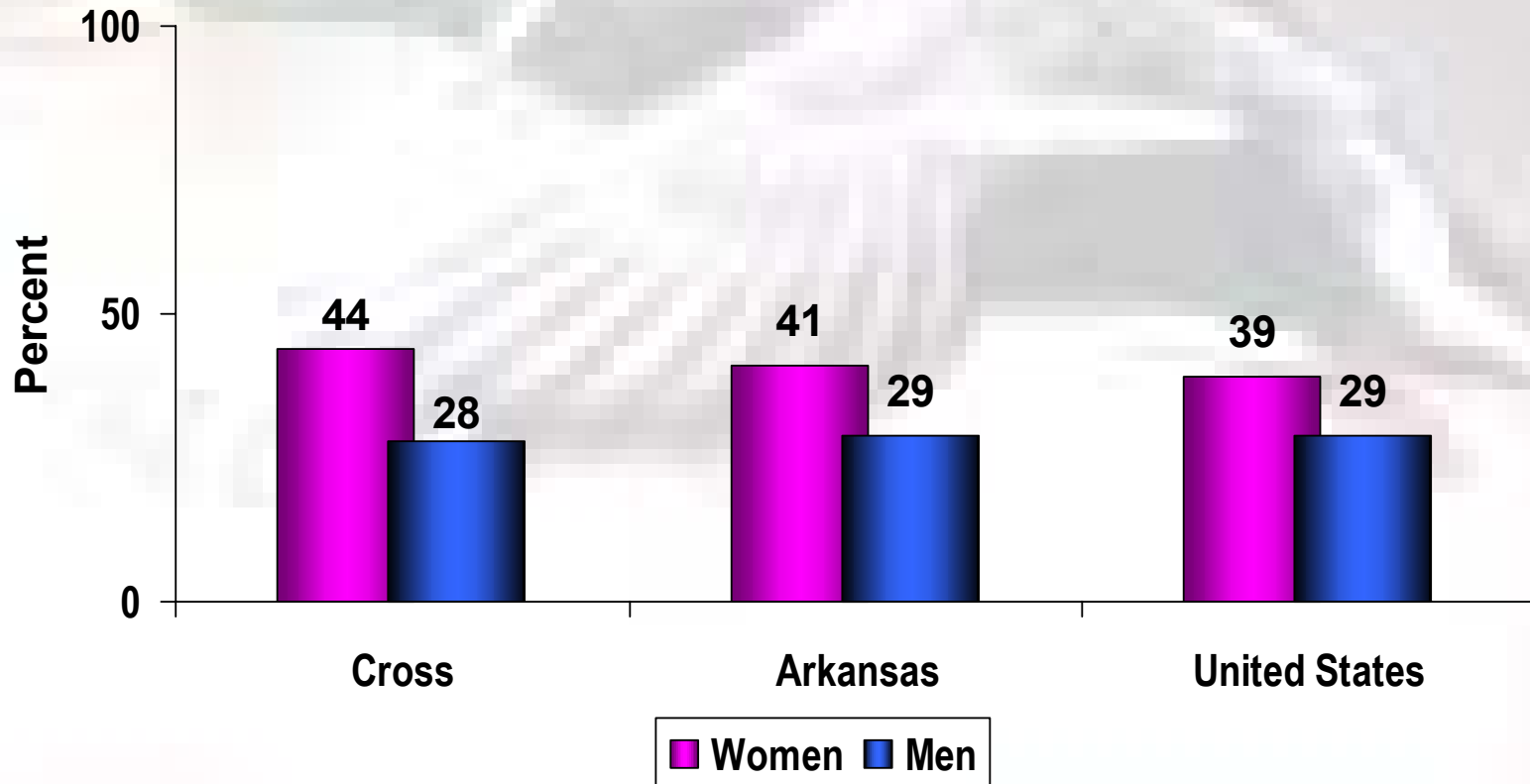
Mental Health

Persons who reported mental health as “not good”: Cross County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2003-2005).



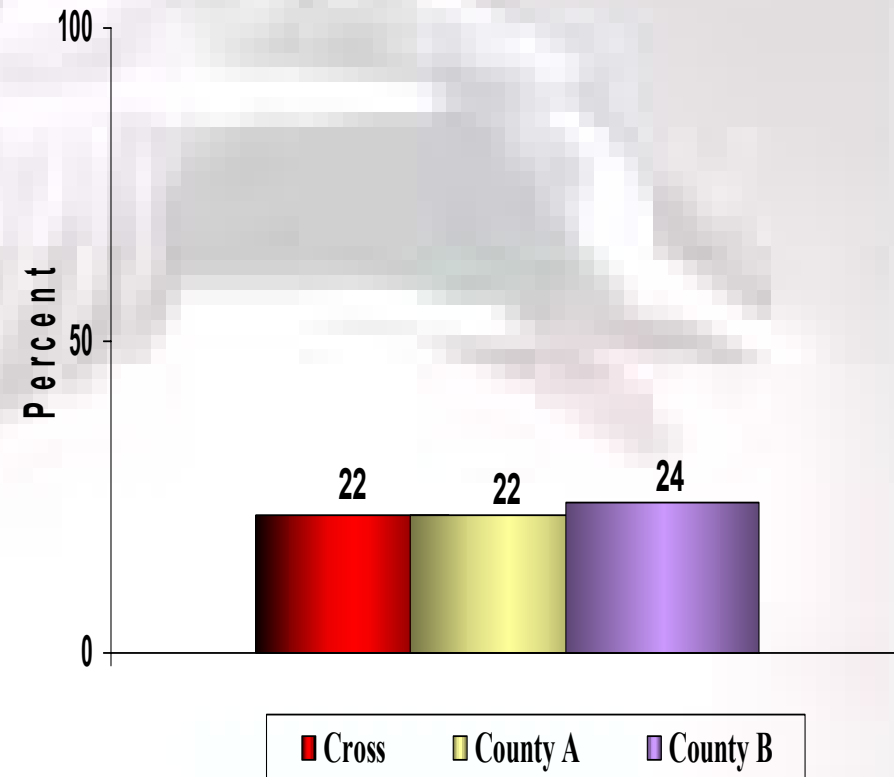
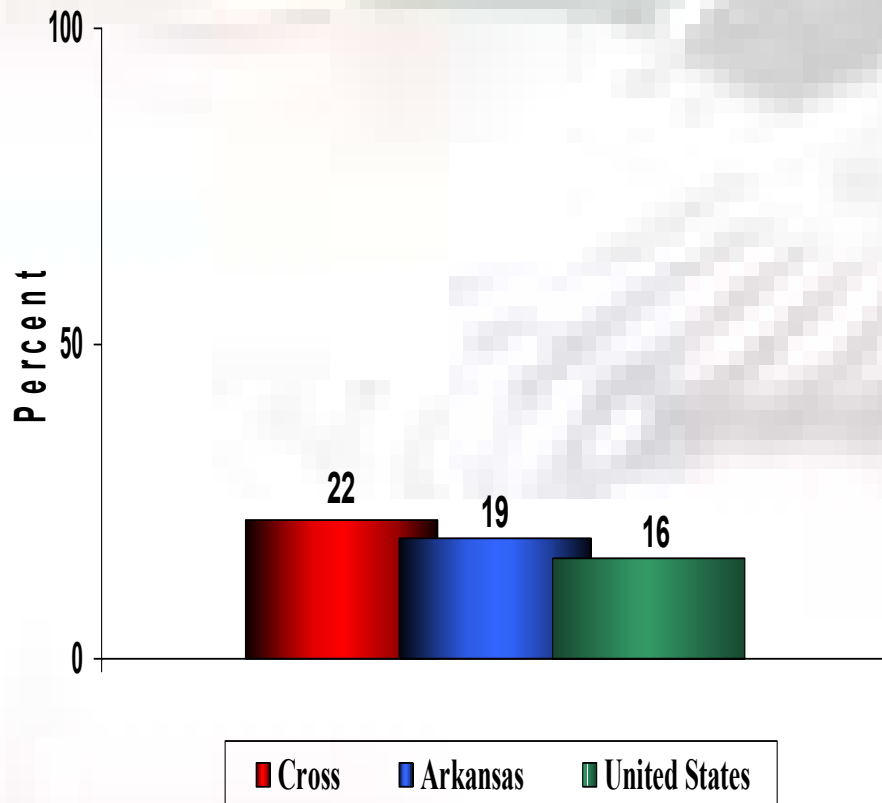
Mental Health

Persons who reported mental health as “not good” by gender: Cross County (2006), Arkansas (2005), and U.S. (2005).



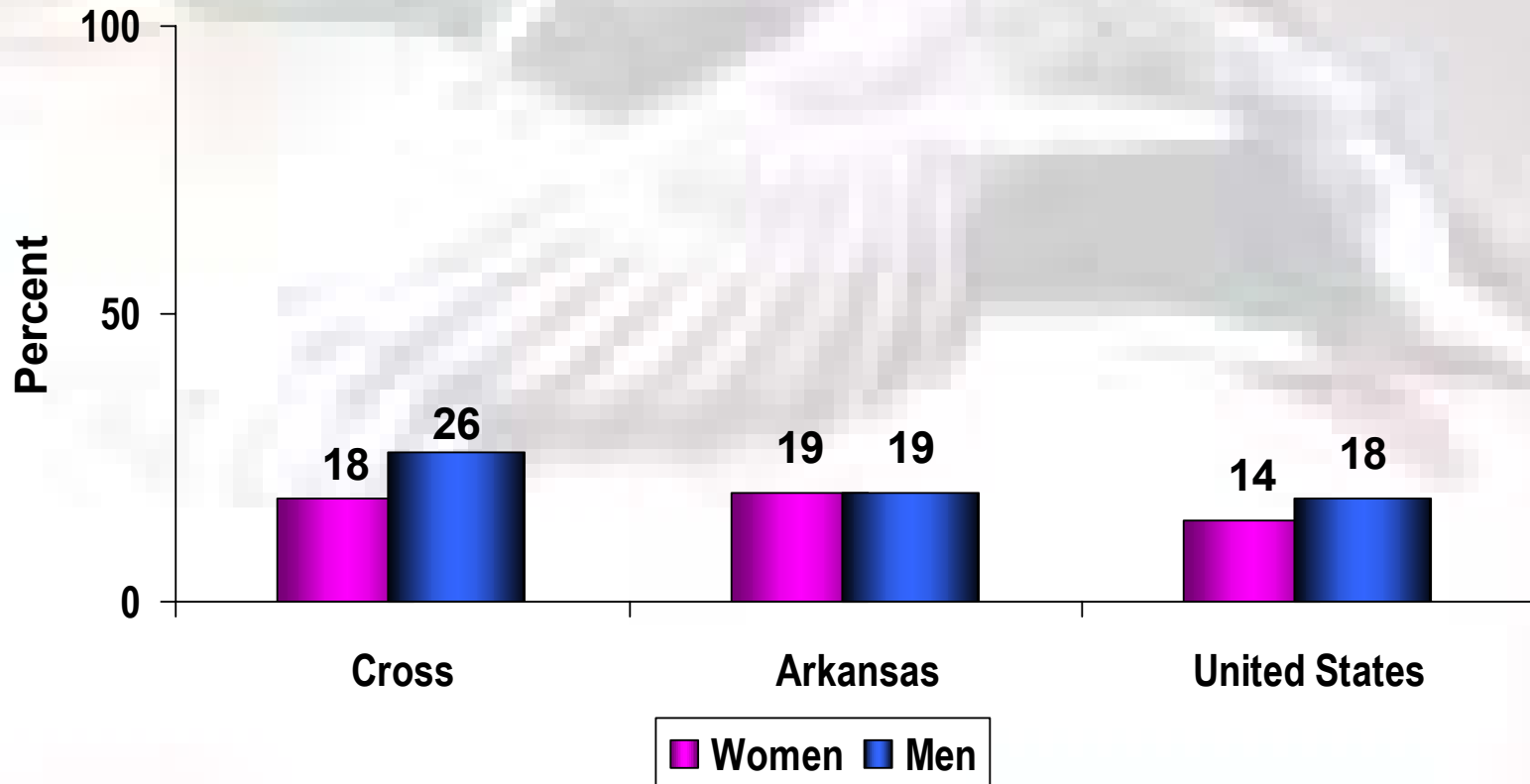
Health Care Access

Persons who reported that they did not have health insurance: Cross County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2003-2005).



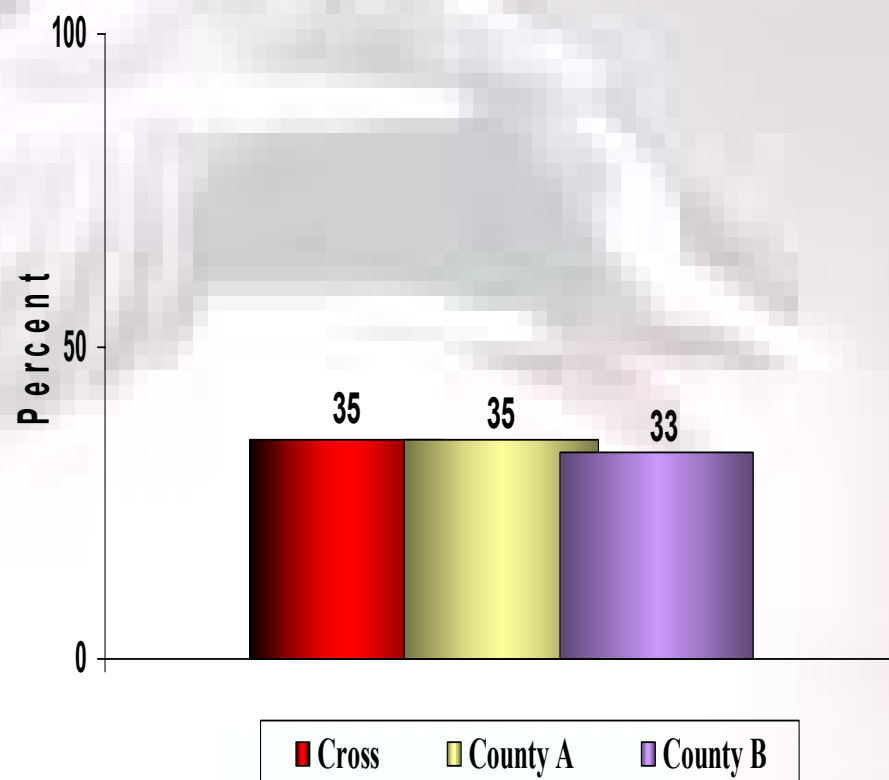
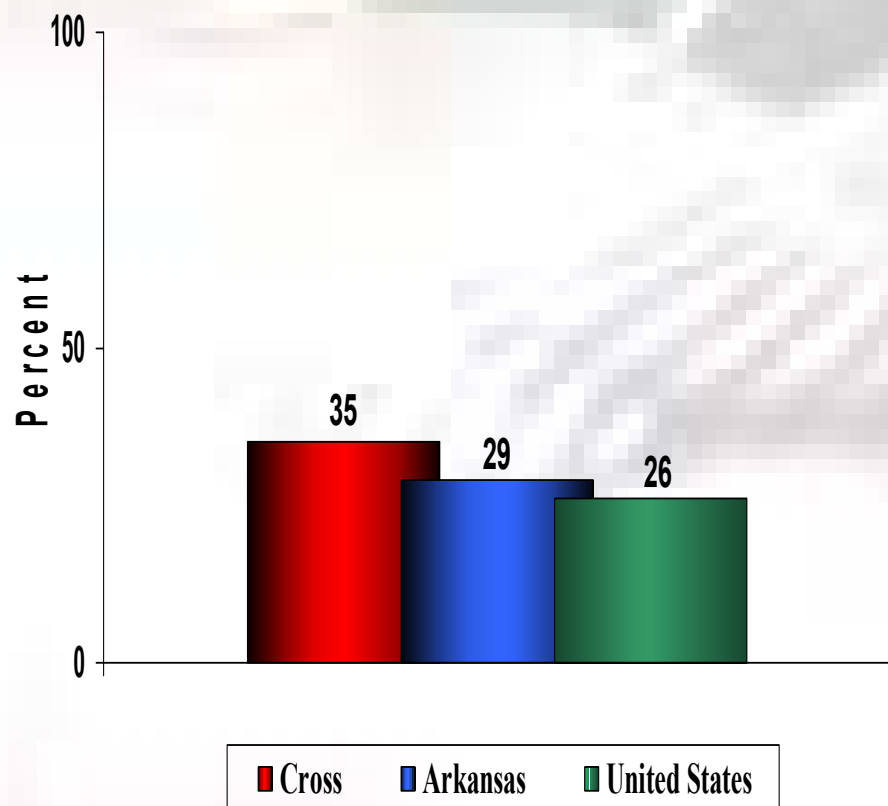
Health Care Access

Persons who reported that they did not have health insurance by gender: Cross County (2006), Arkansas (2005), and U.S. (2005).



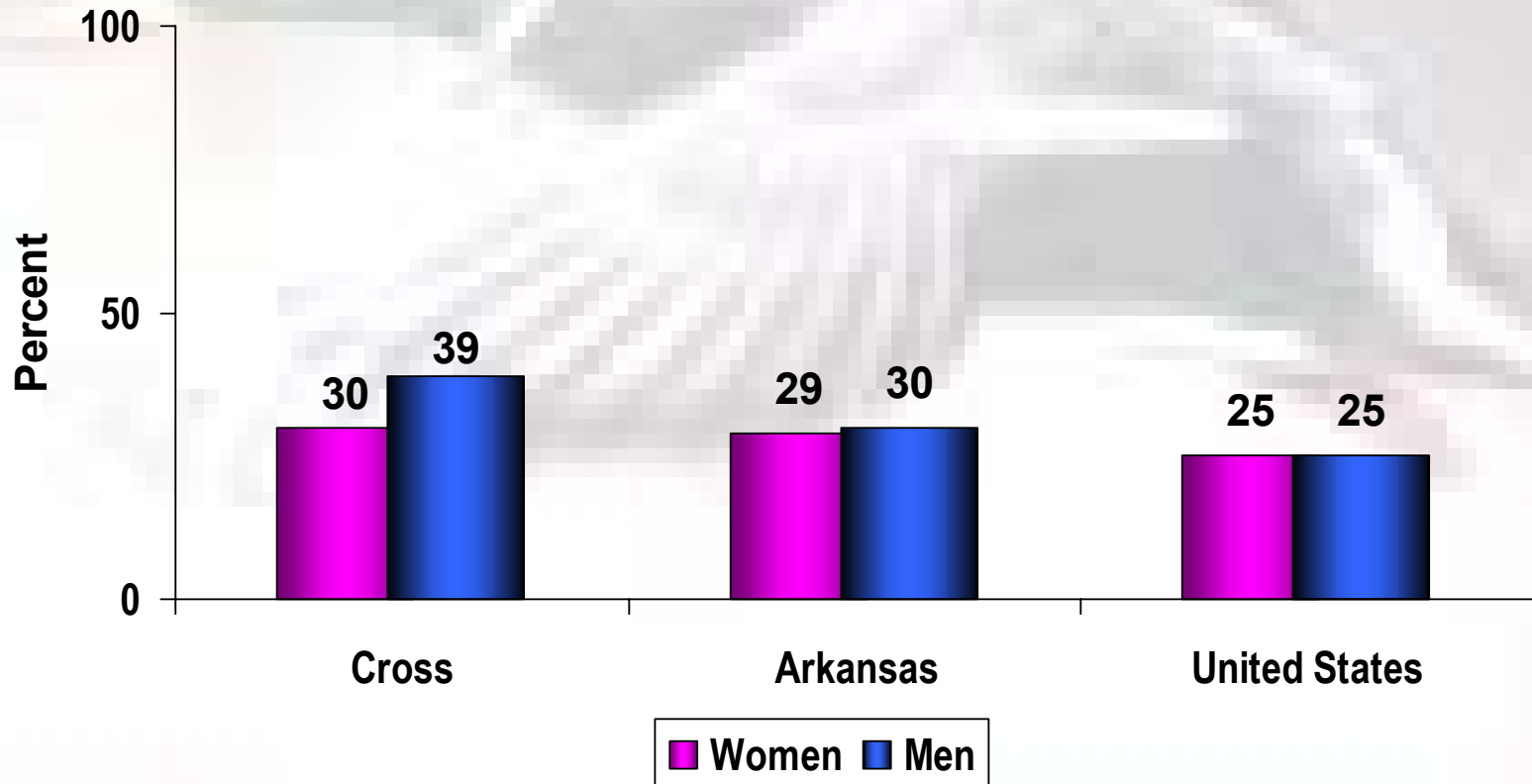
High Blood Pressure

Persons who reported that they have been diagnosed with high blood pressure: Cross County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2003-2005).



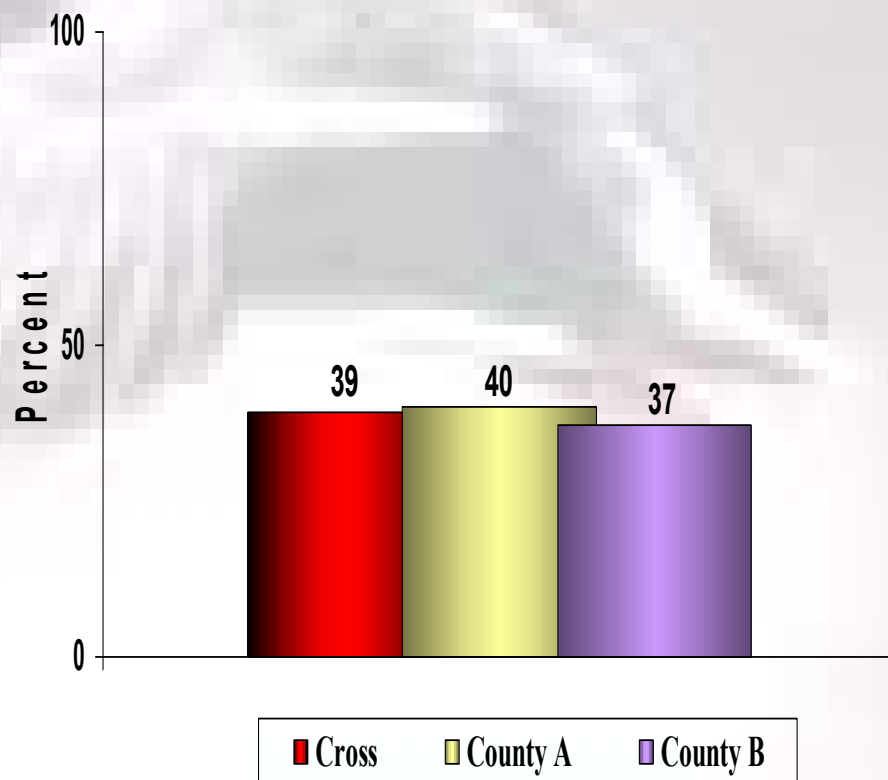
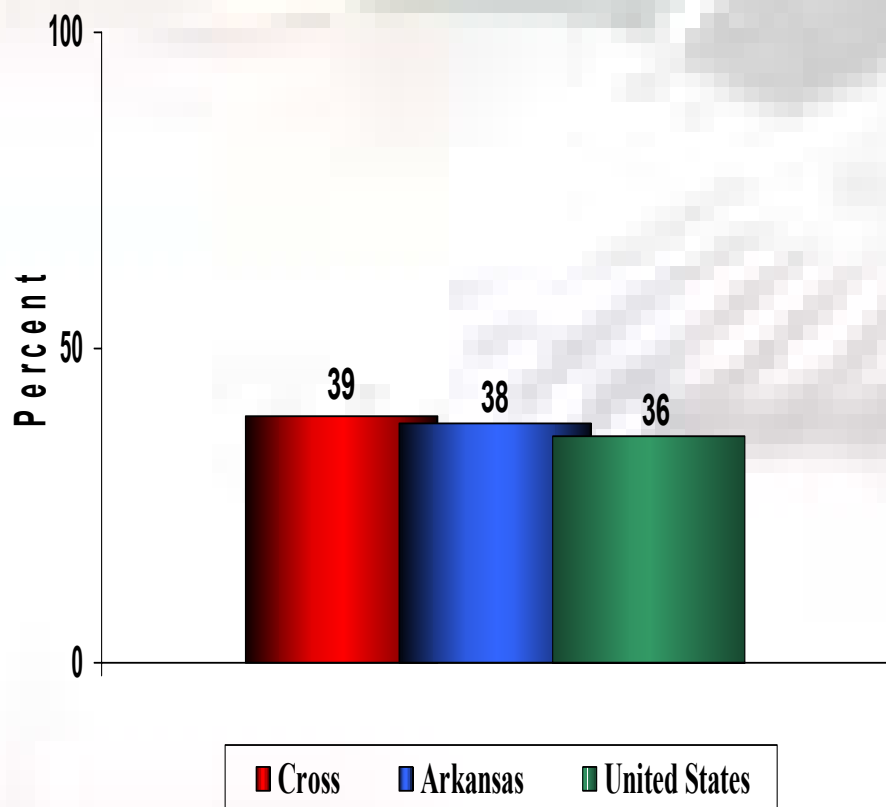
High Blood Pressure

Persons who reported that they have been diagnosed with high blood pressure by gender: Cross County (2006), Arkansas (2005), and U.S. (2005).



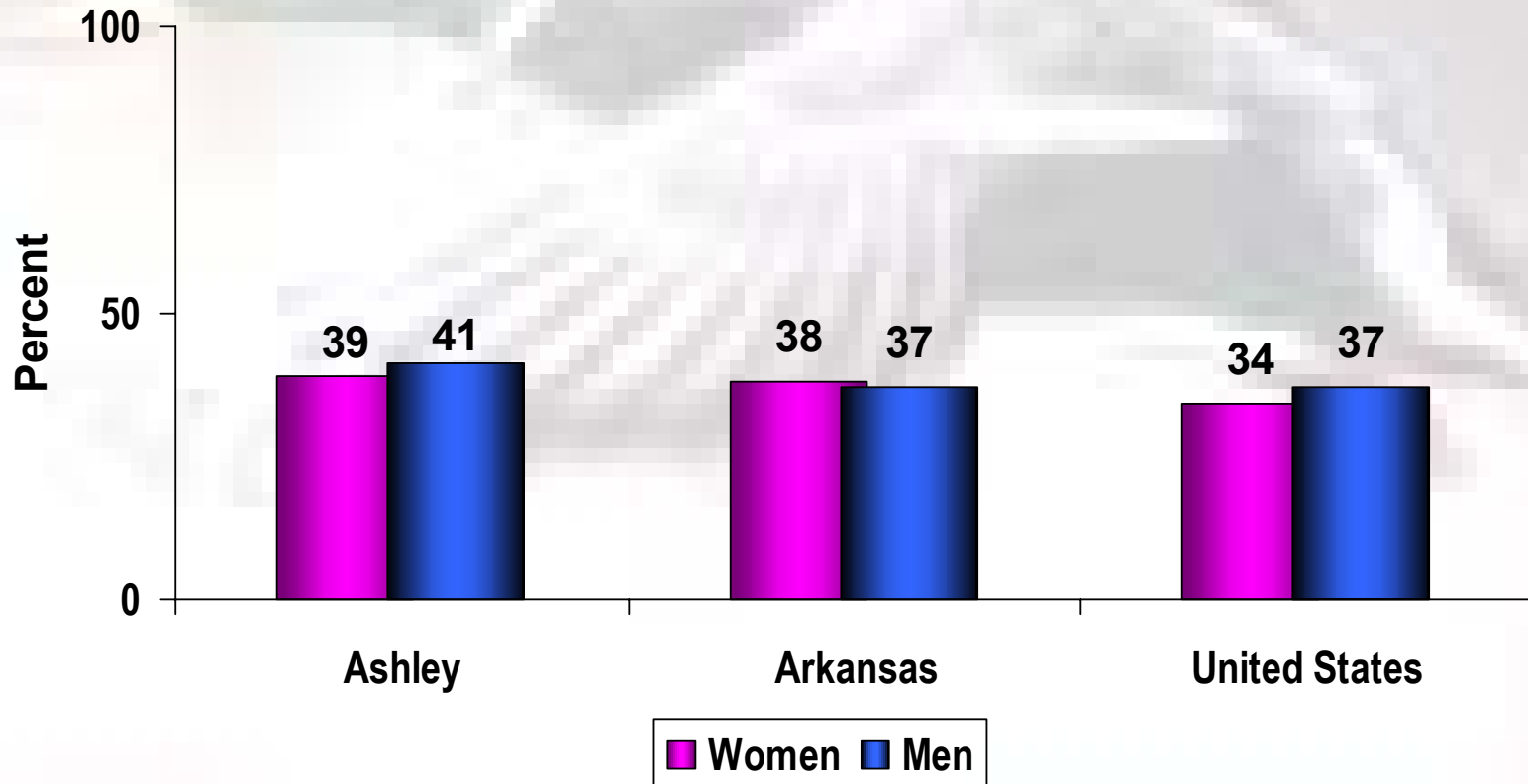
High Blood Cholesterol

Persons who reported that they have been diagnosed with high blood cholesterol: Cross County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2003-2005).



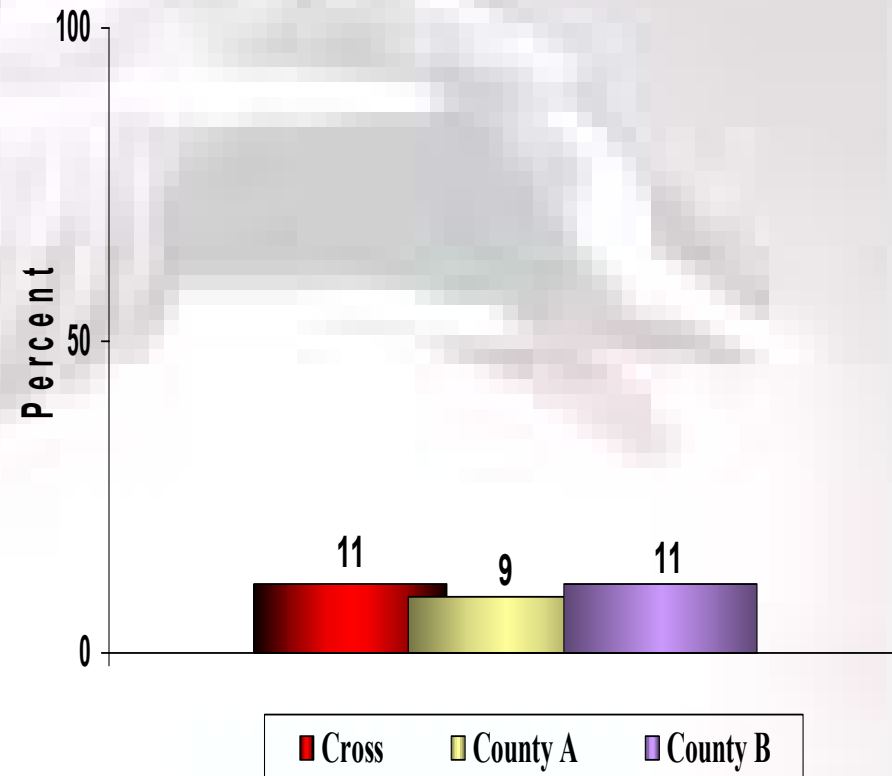
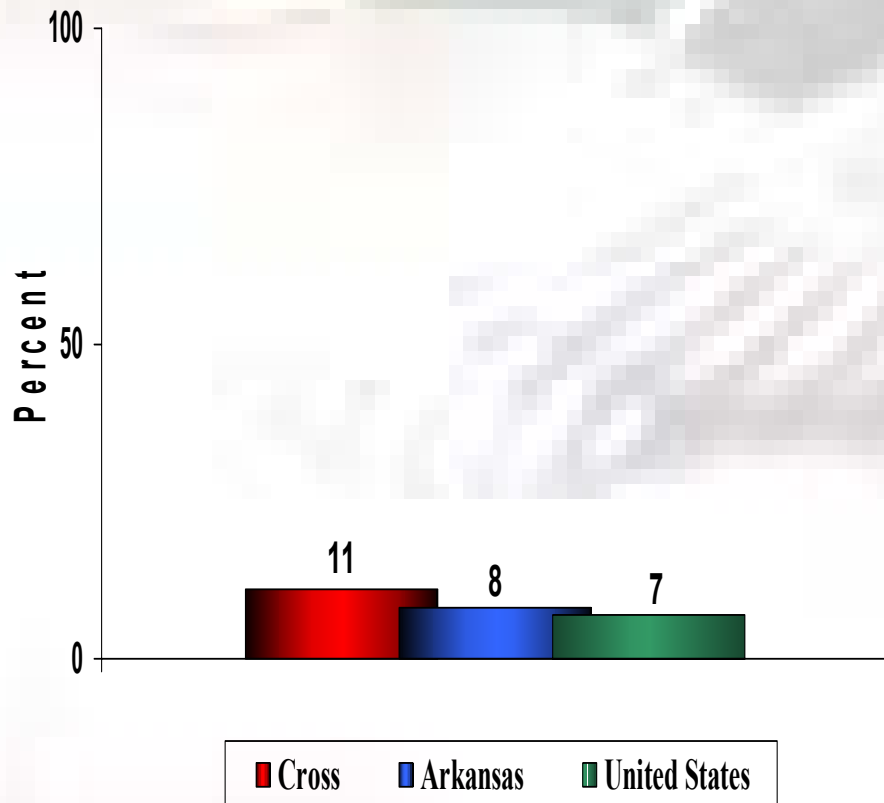
High Blood Cholesterol

Persons who reported that they have been diagnosed with high blood cholesterol by gender: Cross County (2006), Arkansas (2005), and U.S. (2005).



Diabetes

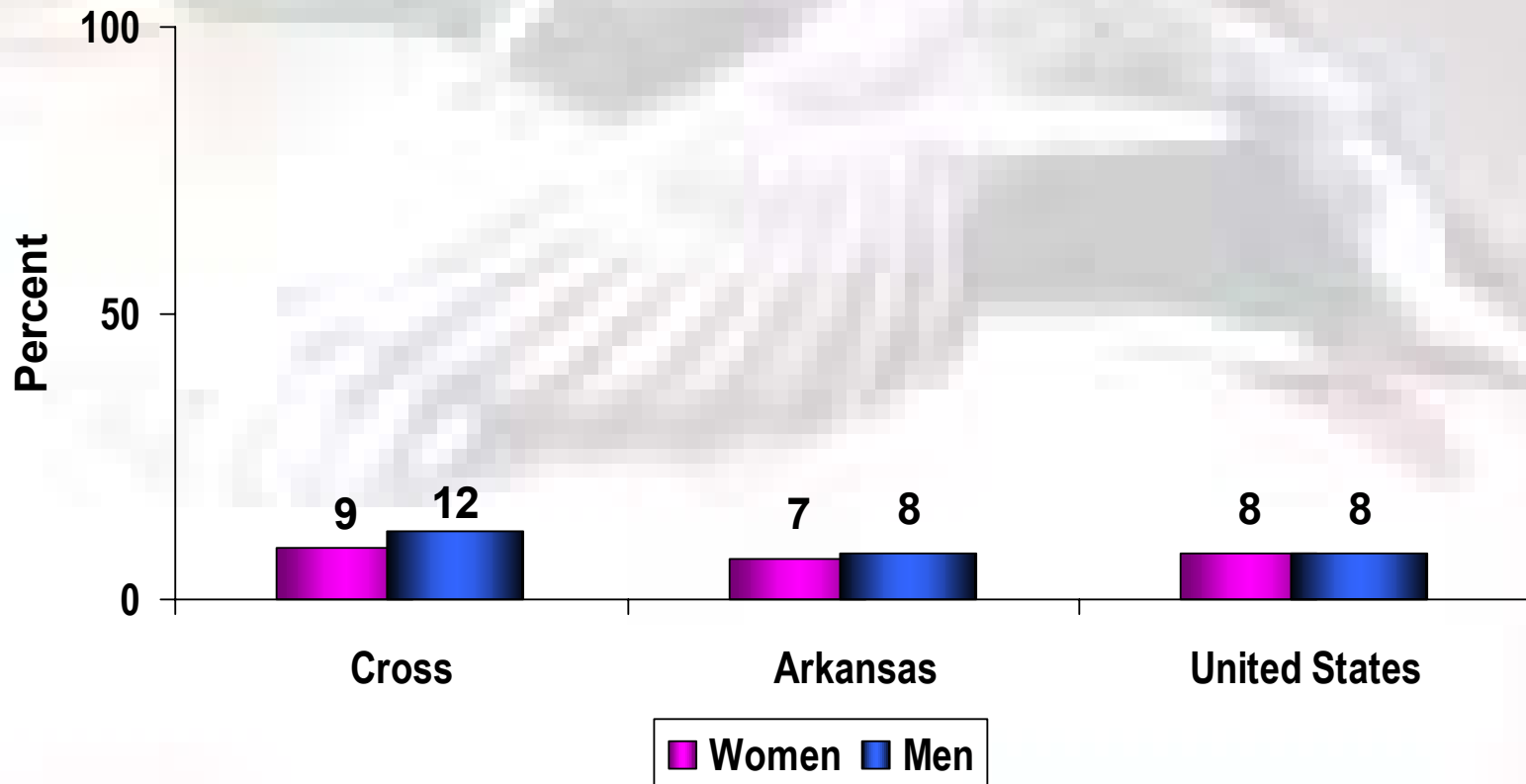
Persons who reported that they have been diagnosed with diabetes: Cross County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2003-200).



Source: CAHS, BRFSS

Diabetes

Persons who reported that they have been diagnosed with diabetes by gender:
Cross County (2006), Arkansas (2005), and U.S. (2005).

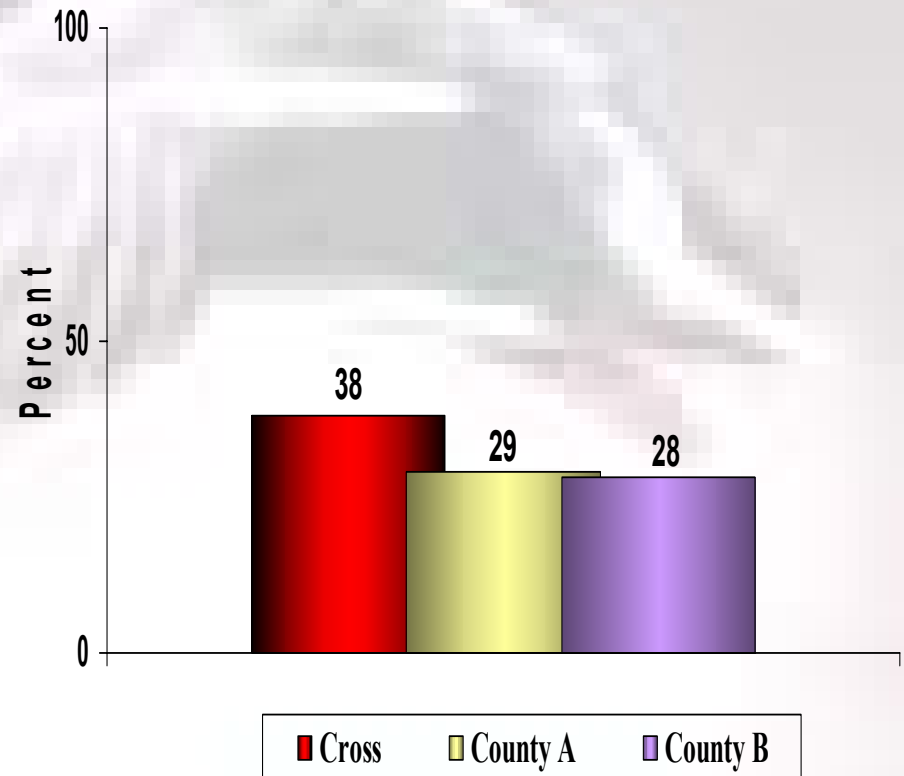
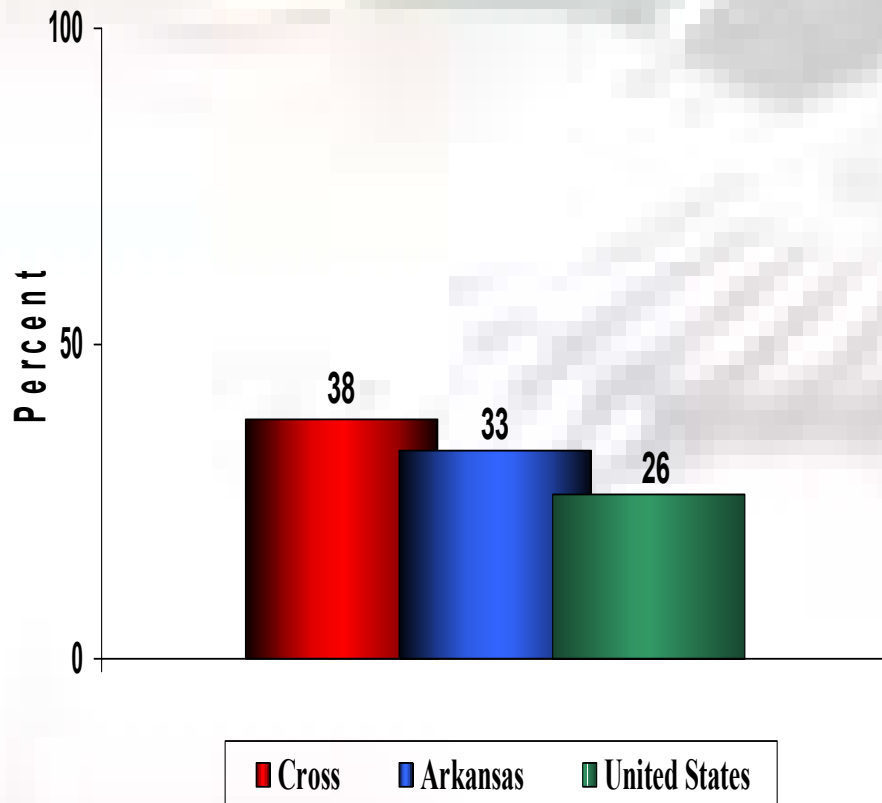


Women's Health

- Ⓒ These are compared to the most recent statewide and nationwide data
 - Mammogram data
 - Pap Smear data

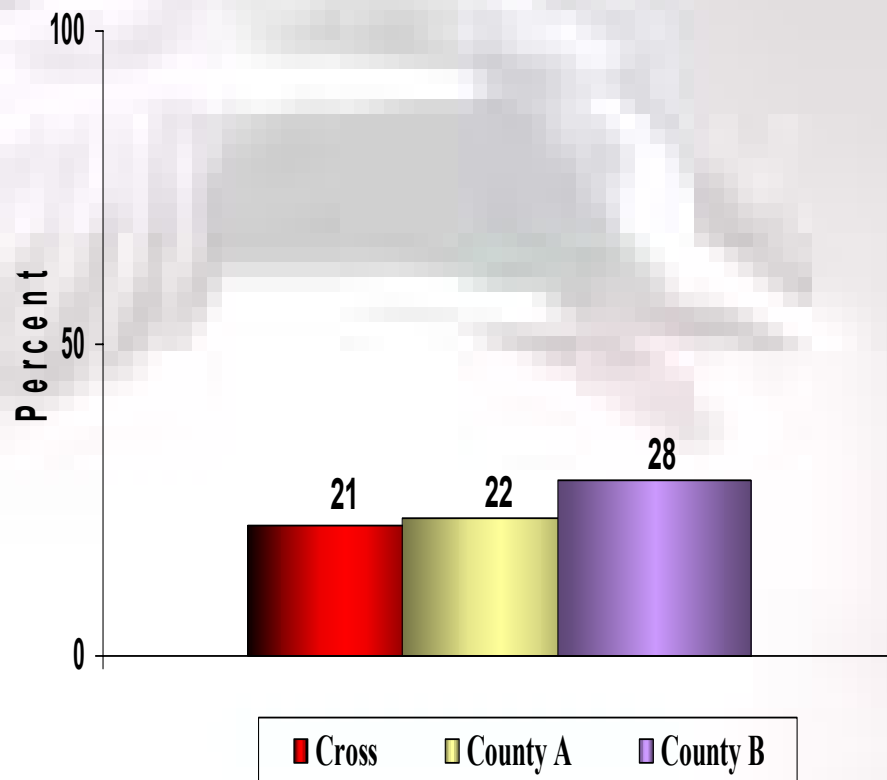
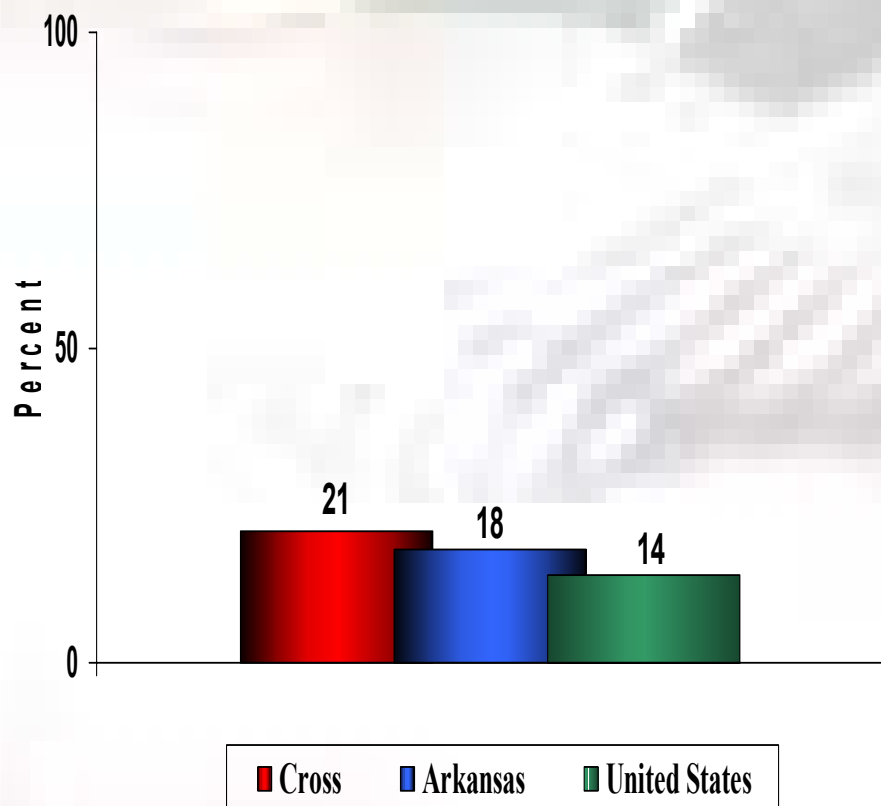
Mammogram

Women over 40 who reported that they had not had a mammogram in the past two years: Cross County (2006), Arkansas (2004), and U.S. (2004) and comparison with two neighboring counties (2003-2005).



Pap Smear

Women who reported that they had not had a pap smear in the past three years: Cross County (2006), Arkansas (2004), and U.S. (2004) and comparison with two neighboring counties (2003-2005).



What Can Your Hometown Health Coalition Do to Make a Difference?

- ② Assess
- ② Identify
- ② Develop
- ② Evaluate